

THE BCM EDGE

16th Sept' 26 **LEAD360 - EXPLORE, EXPRESS, EXCEL** Wednesday

RETHINKING INTELLIGENCE: BCM FACULTY
EXPLORES NEW PERSPECTIVES IN LEARNING



A Capacity Building Programme on “Rethinking Intelligence: New Perspectives, Deeper Learning and Greater Impact” was organised for the faculty of BCM School, Basant Avenue, Dugri Road, Ludhiana. The insightful session was facilitated by Ms. Nidhi Jain, Principal, BCM Basant City, Ludhiana. Setting the tone for an enriching learning experience, the School Principal Dr. Vandna Shahi welcomed the resource person and faculty, emphasising the importance of continuous professional growth.

The interactive session encouraged teachers to rethink conventional notions of intelligence, highlighting its diverse, dynamic and multidimensional nature. The thought-provoking idea, “Experience is the architecture of identity,” inspired teachers to thoughtfully design experiences that leave a lasting impact. The session also explored the hidden curriculum, Panchkosha framework and the “Stop–Check–Go” approach for responsible and ethical use of technology

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Wednesday

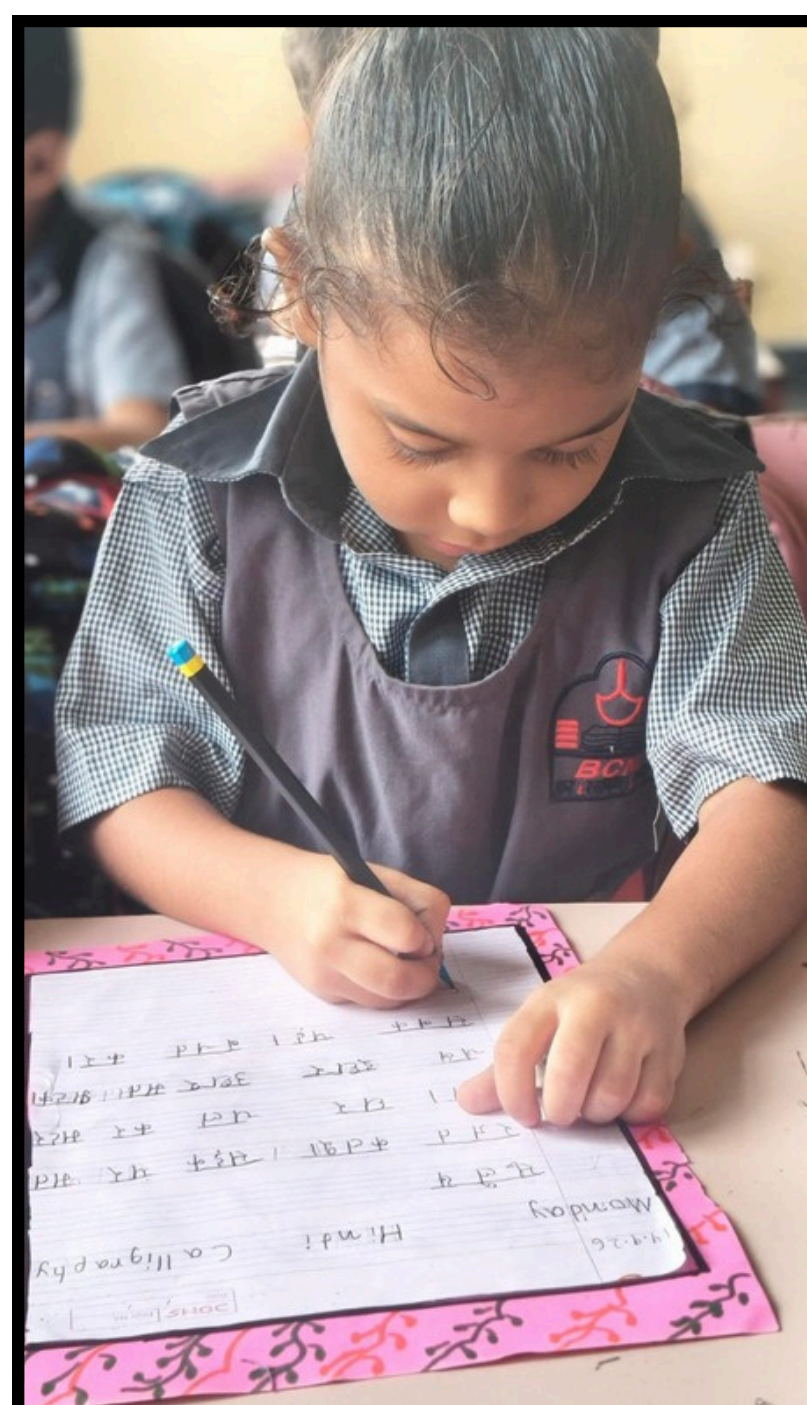
HINDI DWAS CELEBRATED WITH CREATIVITY AND EXPRESSION

BCM School organised engaging language-based activities for students of UKG and Class II, blending creativity, communication and appreciation for Hindi.

The UKG students participated in a Hindi Calligraphy Competition, where they practised sulekh on creatively decorated sheets, focusing on proper varna formation, neatness and presentation. The activity enhanced their handwriting, concentration and fine motor skills while nurturing appreciation for the Hindi language.

Meanwhile, Class II students participated in the “Rangon Ki Duniya” Role Play and Speaking Activity, representing different colours through objects, fruits, vegetables and elements of nature. Speaking in Hindi, students introduced their colours and shared simple descriptions, strengthening their vocabulary, expression and confidence.

Together, the activities provided a joyful and meaningful celebration of Hindi, encouraging young learners to communicate, create and take pride in the richness of the language.

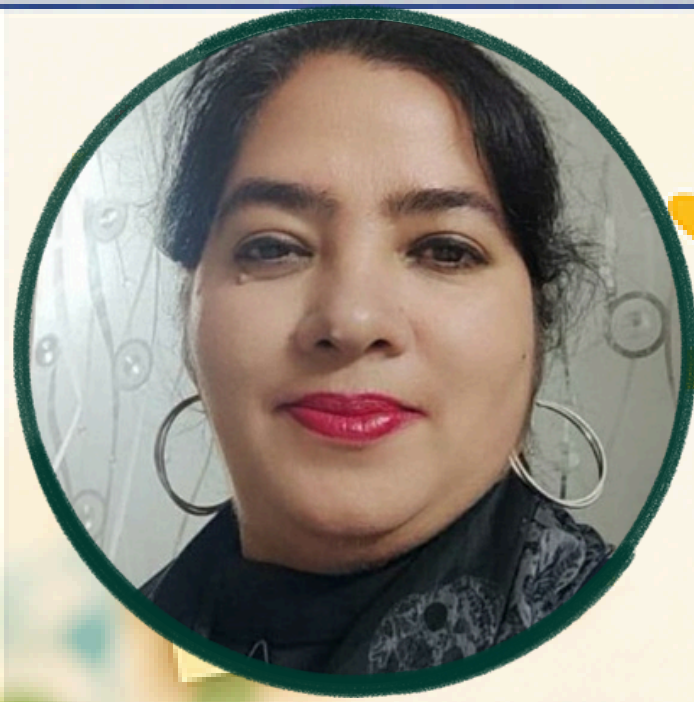


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Wednesday



Believe in yourself



Believing in yourself is one of the most important qualities in life. It means having confidence in your abilities and decisions. When we believe in ourselves, we feel stronger, happier and more positive.

Self-belief helps us face difficult situations with courage. Everyone has different talents and abilities, so we should never compare ourselves with others. Instead, we should focus on our own strengths and try to improve ourselves.

Mistakes are a natural part of learning and growing. We should not lose confidence when we fail because failure teaches us valuable lessons. With hard work, patience and determination, we can achieve our goals.

Positive thoughts give us the courage to move forward. We should trust our efforts and believe that we can succeed. Small achievements can increase our confidence and motivate us to do better.

We should learn from our mistakes and keep trying. Self-belief makes us brave enough to try new things and face challenges. It also helps us become independent and responsible. Success begins with the belief that we can achieve our dreams. Therefore, always believe in yourself, stay positive and never give up.



Believe
in the
amazing you

Kanwaljeet Kaur

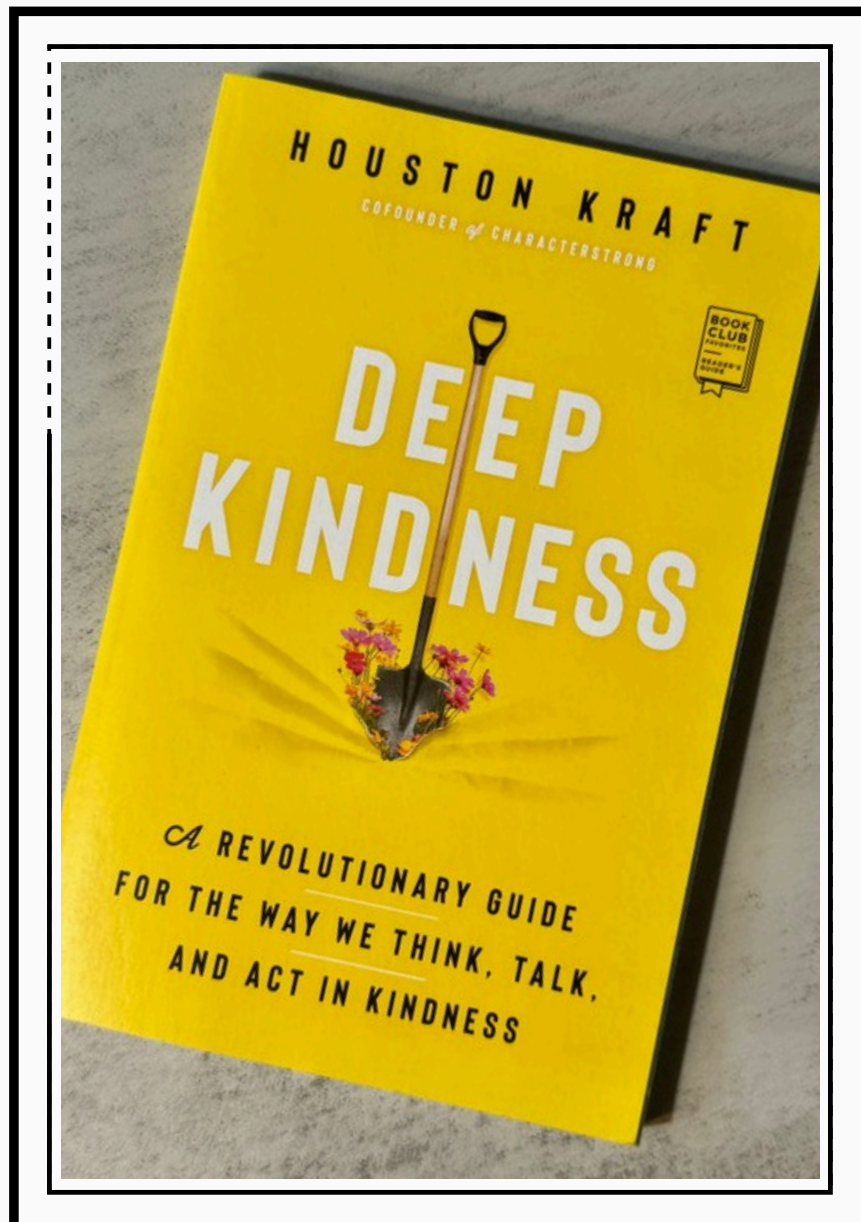
Kindergarten Teacher

THE BCM EDGE

16th Sept' 26

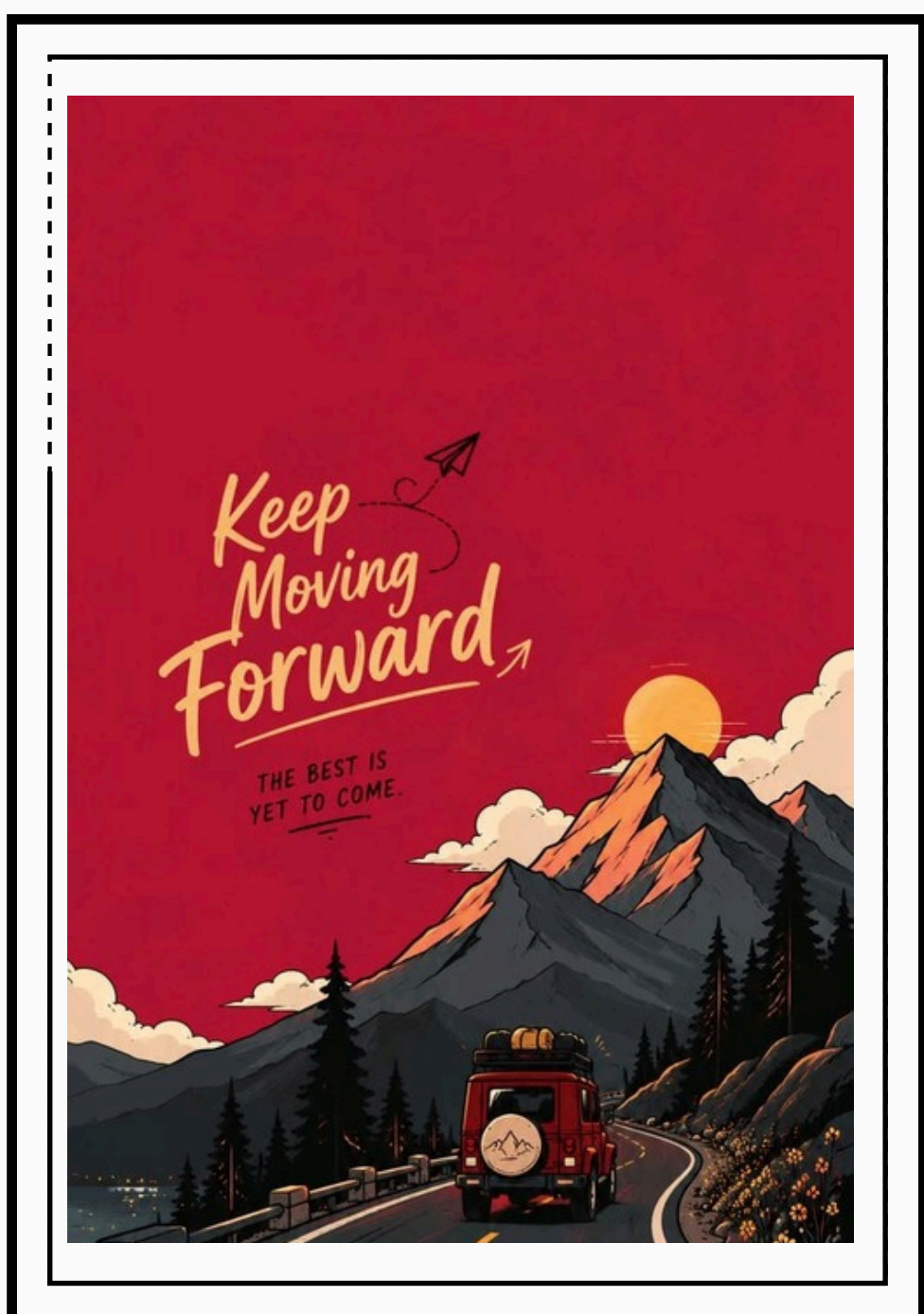
LEAD360 - EXPLORE, EXPRESS, EXCEL Wednesday

BOOK RECOMMENDATION : DEEP KINDNESS

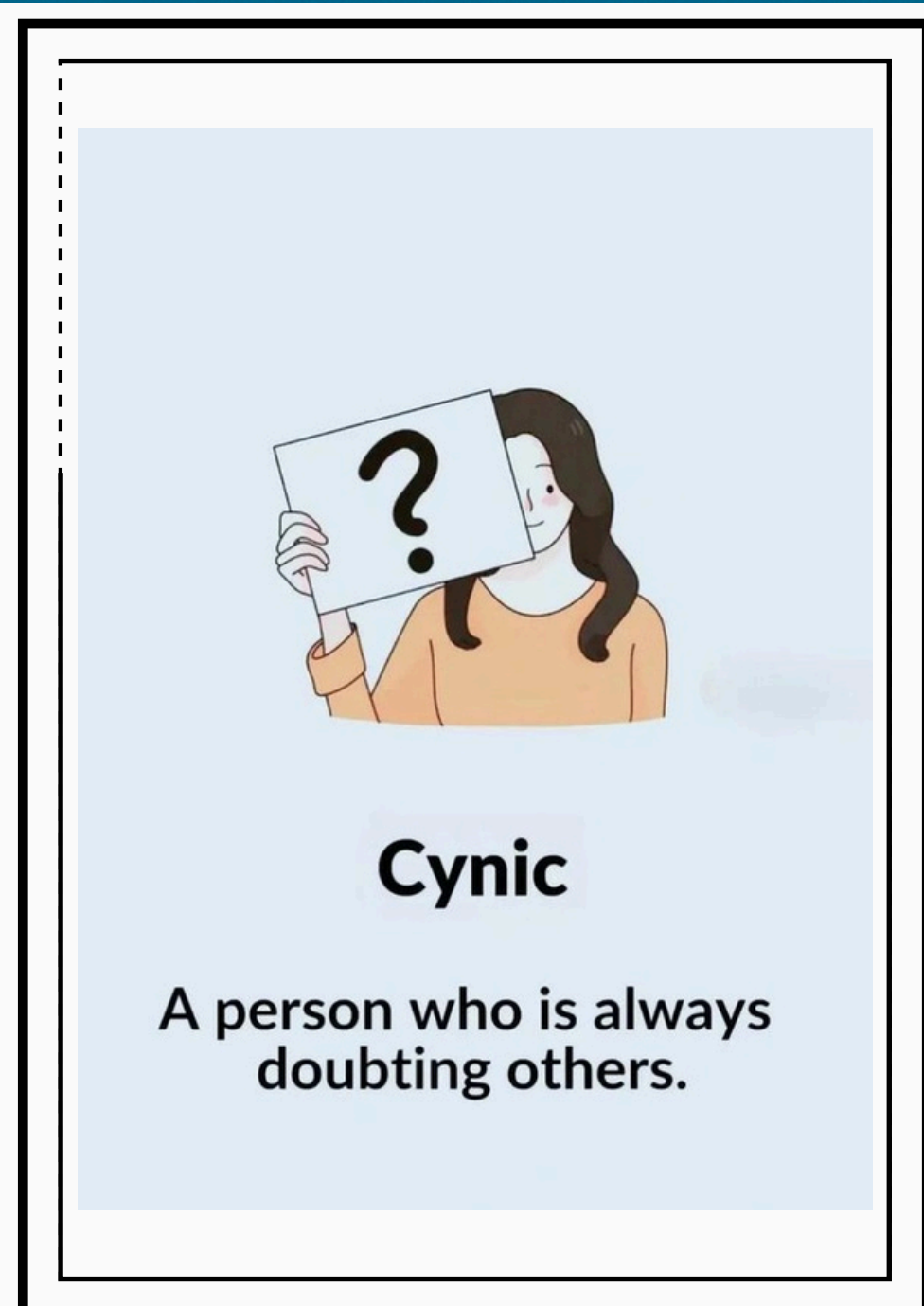


The Value in You is an inspiring read that encourages readers to recognise their inherent worth, unique strengths and untapped potential. The book reminds us that our value is not determined by achievements, social approval, possessions or comparisons with others. Instead, it lies in the qualities, experiences and abilities that make each individual unique. Its message is especially relevant in a world where people often measure themselves through external validation. With an uplifting approach, the book inspires readers to overcome self-doubt, embrace their individuality and invest in personal growth. A meaningful recommendation for anyone seeking greater self-belief, purpose and confidence.

THOUGHT OF THE DAY



WORD



THE BCM EDGE

17th Sept' 26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Thursday

♥ SPECIAL EDITION ♥

BCM KINDERGARTEN

Grandparents
DAY



Where Generations meet,
Joy of memories blossom

Grandparents Day celebrated with
Love, laughter and Cherished bonds

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Thursday



Grandparents' Day was celebrated with great warmth and enthusiasm, honouring the timeless bond of love, care and affection shared between grandparents and their grandchildren. The celebration beautifully reflected the special place grandparents hold in a child's world and the precious values, wisdom and memories they pass on to the younger generation.

The event unfolded as a delightful celebration of togetherness, where grandparents and grandchildren came together to create moments that will be cherished for years to come. The little ones expressed their love and gratitude through a vibrant array of presentations specially dedicated to their beloved grandparents.



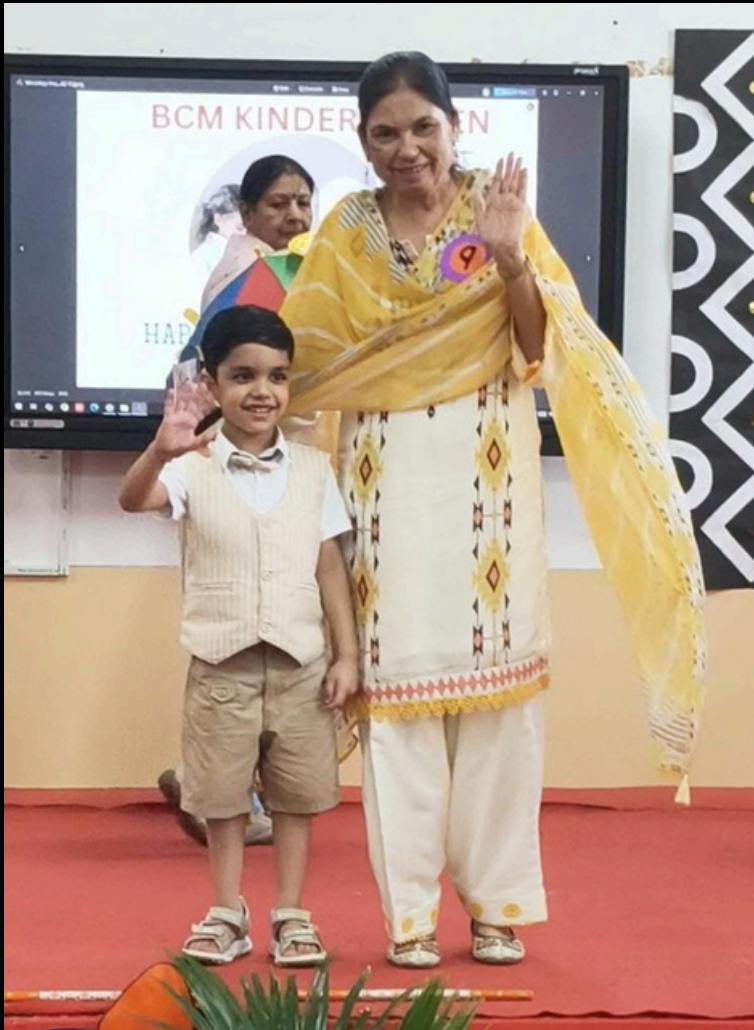
The celebration began with a graceful Ramp Walk, where grandparents and their little ones stepped onto the stage together, turning every stride into a beautiful celebration of love, pride and cherished memories. The energetic Group Dance performances filled the ambience with joy, while the adorable Solo Dance performances by the little ones won hearts as they danced with innocence and affection for their grandparents. Each presentation reflected the deep emotional connection and beautiful companionship shared across generations.

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Thursday



Principal Dr. Vandna Shahi extended a warm welcome to all the grandparents and appreciated their enthusiastic participation. She applauded the children for their heartfelt performances and expressed her gratitude to the grandparents for being an integral part of their grandchildren's growing years. As a gesture of love and appreciation, she presented Tokens of Appreciation to the grandparents, acknowledging their invaluable role in nurturing happy, confident and compassionate children.



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Thursday



The celebration was not merely an event but a heartfelt tribute to the unconditional love and priceless bond shared between grandparents and grandchildren. It concluded on a heartwarming note, leaving everyone with smiles, cherished memories and a renewed appreciation for the irreplaceable bond between generations.





BCM SCHOOL

BASANT AVENUE, DUGRI ROAD, LUDHIANA



THE BCM EDGE

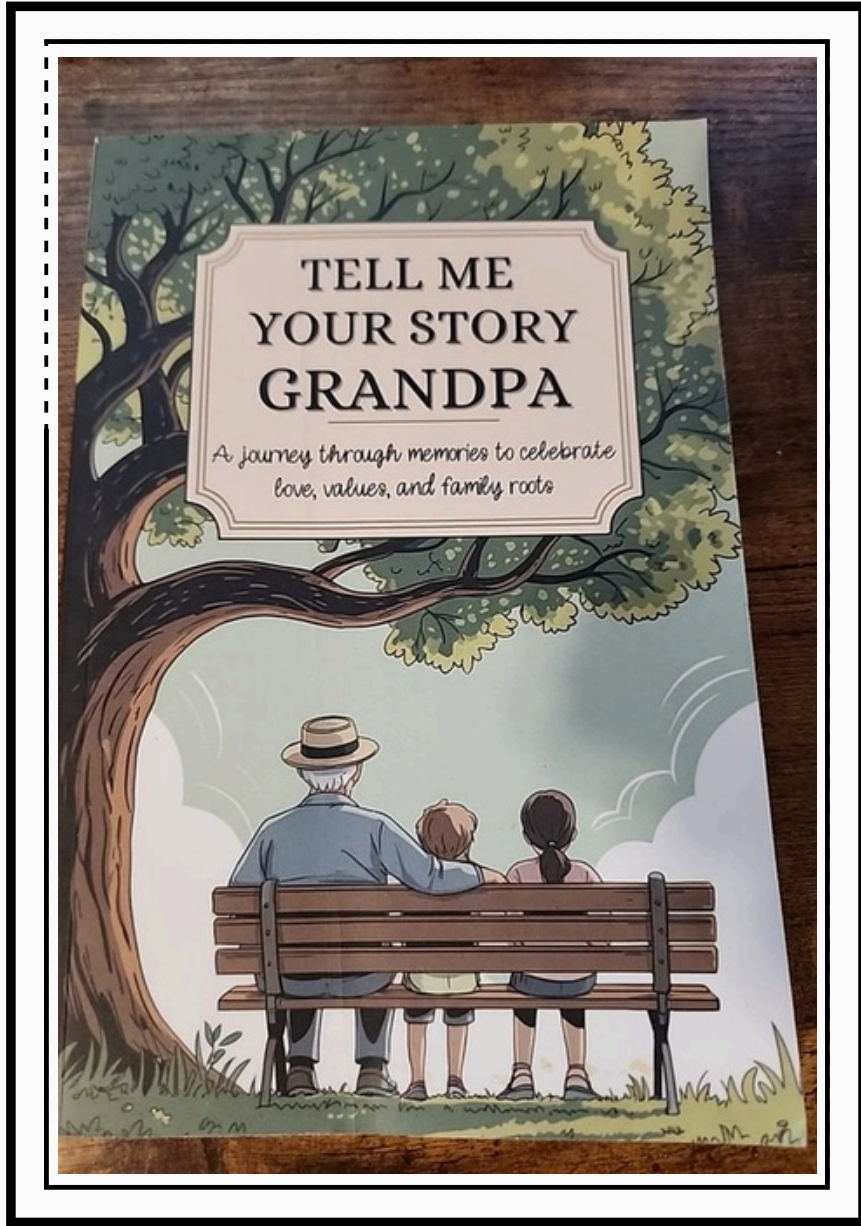
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Thursday

BOOK RECOMMENDATION :

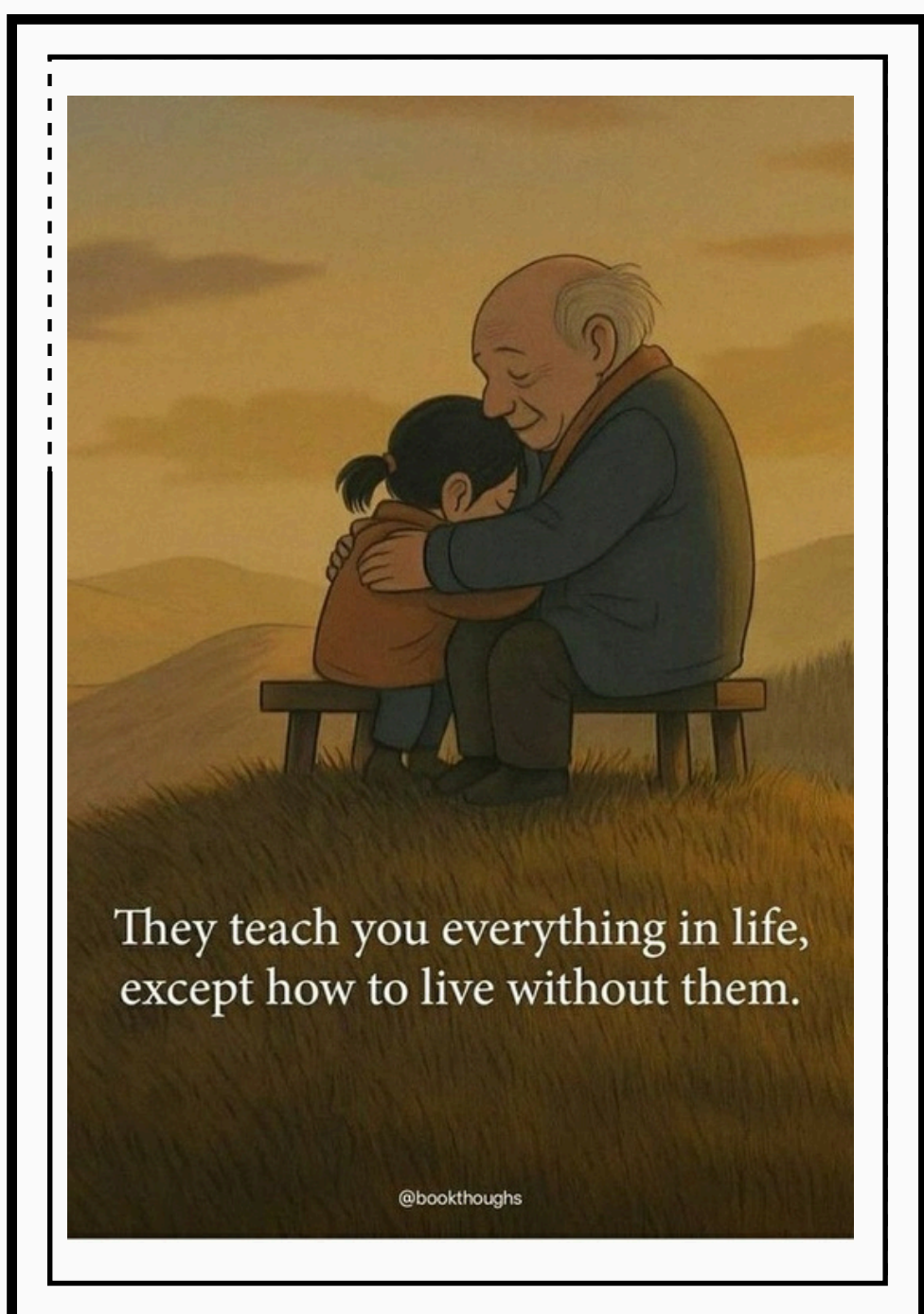
TELL ME YOUR STORY GRANDPA



Tell Me Your Story, Grandpa is a guided memory journal that invites grandfathers to share stories from their childhood, family life, relationships, experiences and the lessons they have learned. The edition by Questions About Me contains more than 200 prompts across 122 pages, designed to help preserve a grandfather's memories for future generations.

Through thoughtful questions and personal reflections, it encourages grandparents to revisit their childhood, share treasured memories and pass their wisdom to future generations. What makes the book truly special is that every completed page becomes a piece of family history. A heartwarming read and a meaningful keepsake that celebrates the irreplaceable bond between generations.

THOUGHT OF THE DAY



WORD

grandma

[ˈgran:ma] *noun*

she is the one with the biggest heart, the warmest hugs, the best advice, the yummy food. she is a safe place full of love, laughter and treats. a best friend forever.

EDITOR & CREATIVE LEAD: MS. SANSKRITI VERMA (OUTREACH & MEDIA)

THE BCM EDGE

18th Sept' 26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Friday

HAPPY
Birthday

Dear
Rama Munjal
Ma'am ♥

May your day be
as beautiful as the
lives you touch, and
as green as the hope
you plant in all of us.



Planting
today...
for a greener
tomorrow



On your special day,
we celebrate not just the amazing
person you are, but also the seeds
of change you plant —
one sapling at a time.



THE BCM EDGE

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Friday

BCM School reverberated with joy and reverence as it celebrated the birthday of Mrs. Rama Munjal, Founder of Arpita Cancer Society. The event was marked with warmth, gratitude and deep respect for her exemplary contribution to society. The programme commenced with a cordial welcome extended by Dr. Vandna Shahi, the School Principal, Mrs. Gurpreet Kaur Chandok Dean Administration, students and staff members. Senior students of the school presented a bouquet to Mrs. Munjal, adding sweetness to the occasion. The key highlight of the day was a tree plantation drive, wherein saplings equal to her age were planted, reinforcing her vision of nurturing life and spreading greenery. In a symbolic gesture of sharing this vision, Mrs. Munjal distributed saplings among students and teachers, inspiring them to take responsibility for nurturing the environment.

On the occasion, Dr. Vandna Shahi lauded Mrs. Rama Munjal's inspiring journey and humanitarian work. She remarked that Mrs. Munjal's life is a beacon of compassion and commitment, motivating generations to contribute selflessly for the welfare of others. The celebration concluded on a note of gratitude, with everyone pledging to carry forward her legacy of love, service and environmental care.

TREE PLANTATION DRIVE ON MRS. RAMA MUNJAL'S BIRTHDAY



THE BCM EDGE

18th Sept' 26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Friday

YOGA MOMENTS: NURTURING HEALTHY BODIES AND CALM MINDS



A rejuvenating “Yoga Moments” session was organised for the UKG students, introducing them to the joy and benefits of yoga through simple, age-appropriate poses and breathing exercises. The young learners enthusiastically participated in Tadasana, Vrikshasana, Butterfly Pose, Sukhasana, and Cat-Cow poses, along with guided stretches and mindful breathing.

The session highlighted the importance of incorporating yoga into everyday life, helping children understand how regular practice can promote flexibility, balance, concentration and calmness. Through guided movements and relaxation exercises, students developed greater body awareness while enjoying a peaceful and engaging learning experience.

The activity encouraged the young learners to embrace yoga as a healthy, enjoyable and mindful daily habit, fostering an active lifestyle from an early age.



THE BCM EDGE

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Friday



Beyond Marks: The Real Meaning of Education

More than a score... it's a journey of life. ♥

Education is often seen as a path to good jobs, high salaries and a secure future. We chase marks, rankings and degrees, believing that these are the true signs of success. But if we pause and think, we realise that education is so much more than that.

*It is not just about what we learn,
but who we become. ♥*

What Education Really Gives Us



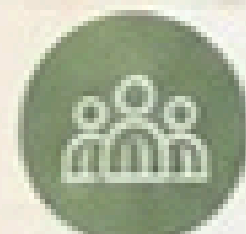
Builds Character

It teaches us discipline, honesty, empathy and responsibility.



Broadens Perspective

It opens our minds to different cultures, ideas and ways of life.



Creates Opportunities

It gives us the skills and confidence to turn our dreams into reality.



Empowers Us

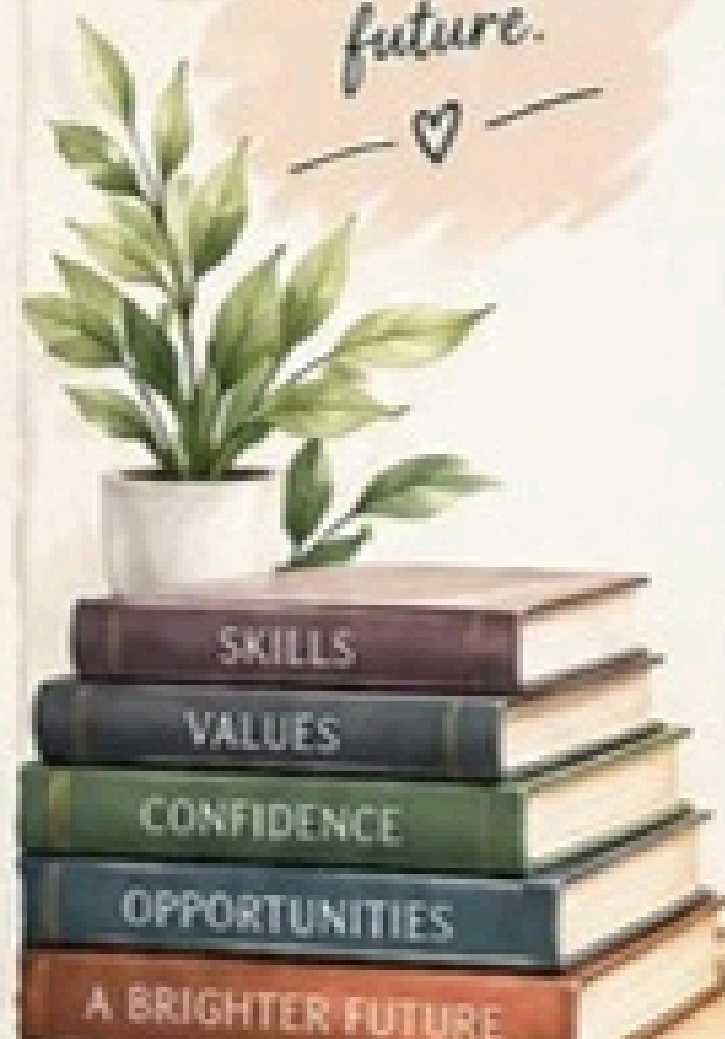
It helps us contribute to our families, communities and the world.



Shapes Better Humans

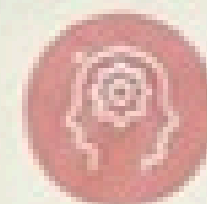
It teaches us to be kind, thoughtful and make a positive difference.

*Education doesn't just
fill the mind,
it shapes
the heart,
builds the
character and
unlocks the
future. ♥*



Jaspreet Kaur
PGT COMMERCE
♥

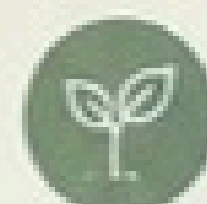
Beyond the Classroom



It teaches us to think critically, not just follow.



It helps us build meaningful relationships.



It encourages us to be lifelong learners, not just exam takers.



It prepares us to face challenges with courage.



It reminds us that true success is living a life of purpose.



BCM SCHOOL

BASANT AVENUE, DUGRI ROAD, LUDHIANA



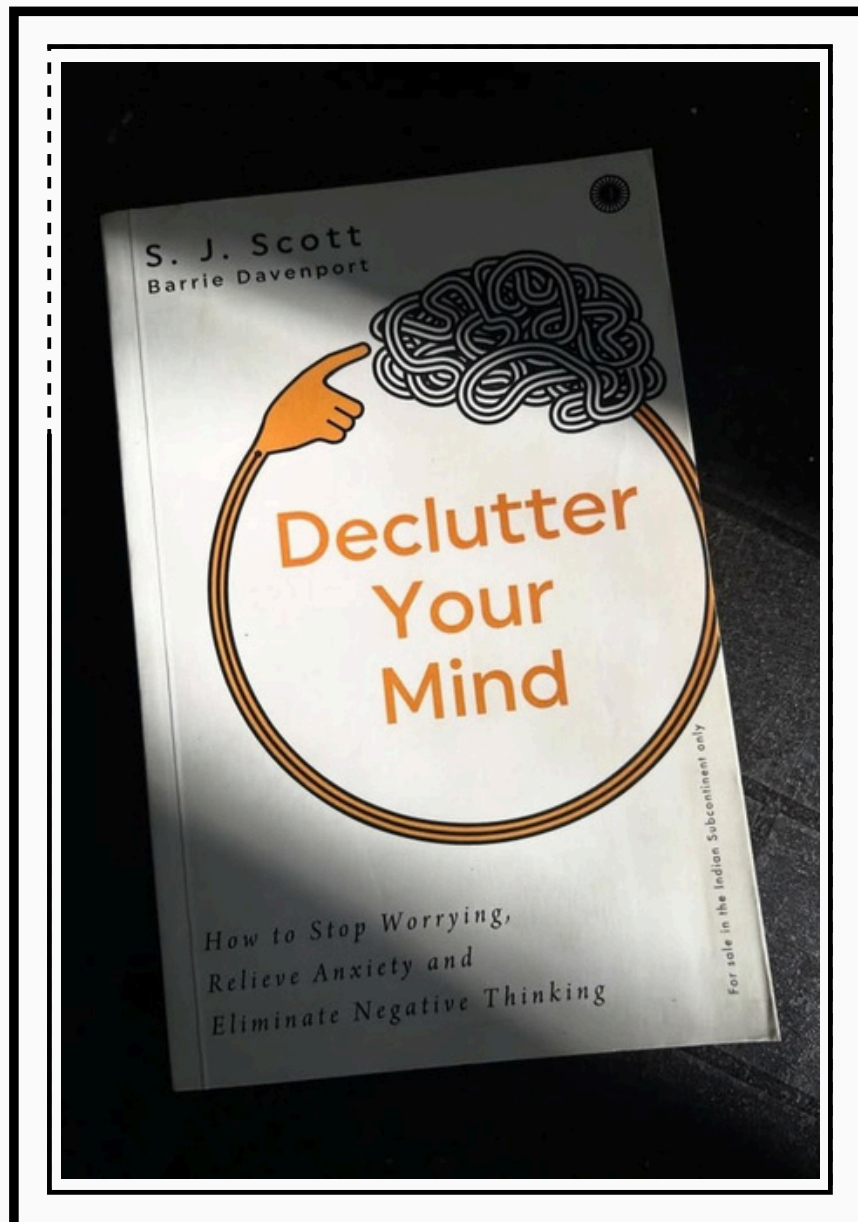
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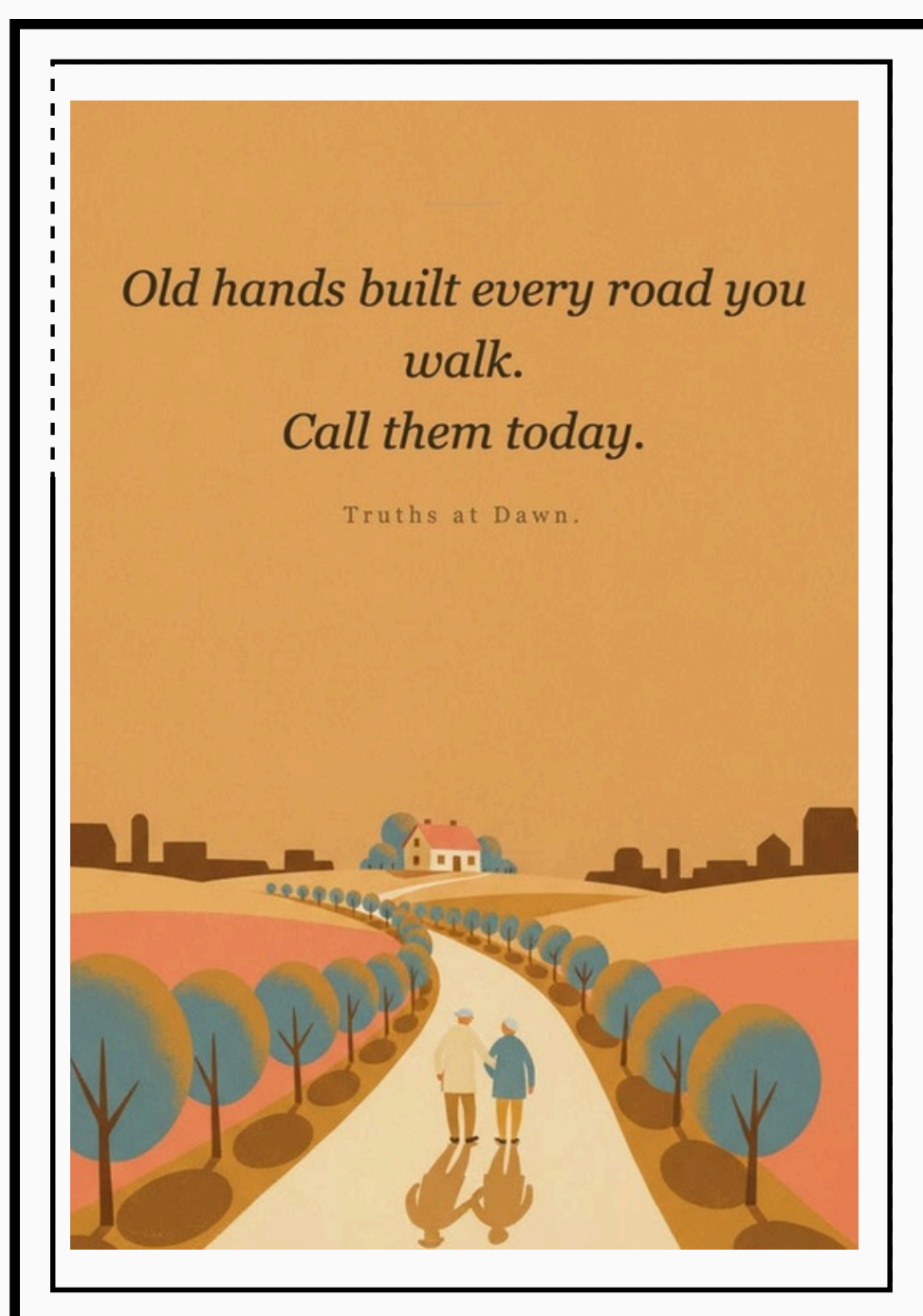
Friday

BOOK RECOMMENDATION : DECLUTTER YOUR MIND



Declutter Your Mind by S. J. Scott and Barrie Davenport is a practical self-help book that focuses on reducing stress, overthinking, and mental distractions. The authors explain how an overloaded mind can affect our emotions, productivity, and daily life. The book offers simple techniques such as mindfulness, identifying priorities, managing negative thoughts, and focusing on the present moment. I particularly liked its practical approach, as the suggestions can easily be incorporated into everyday routines. The language is simple and the ideas are easy to understand and apply. Although some concepts may feel repetitive, the book provides useful reminders about creating mental clarity and emotional balance. Overall, it is a helpful read for anyone seeking a calmer, more organised, and positive mindset.

THOUGHT OF THE DAY



WORD

gregarious

adjective [gri-**gair**-ee-uhs]

fond of the company of others;
sociable



EDITOR & CREATIVE LEAD: MS. SANSKRITI VERMA (OUTREACH & MEDIA)



BCM SCHOOL

BASANT AVENUE, DUGRI ROAD, LUDHIANA

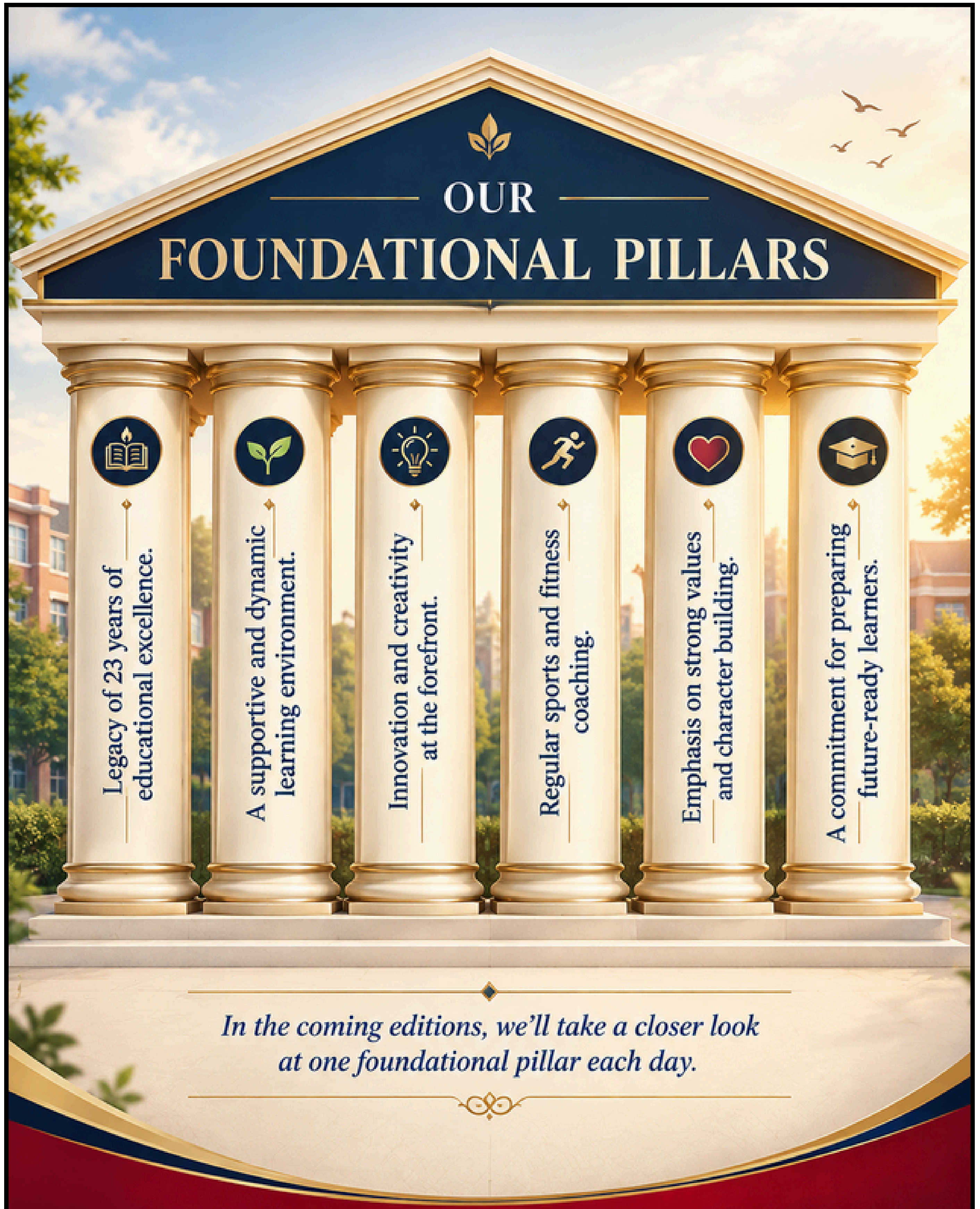
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THE BCM EDGE

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LEAD360 - EXPLORE, EXPRESS, EXCEL

Saturday





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19th Sept' 26

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Saturday

BCM SCHOOL

Basant Avenue, Dugri Road, Ludhiana

Congratulations

Shivansh Kapoor



and his team for getting

THIRD POSITION

in the

STATE-LEVEL

TABLE TENNIS COMPETITION.



THE BCM EDGE

19th Sept' 26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Saturday



BUILDING DIGITAL RESILIENCE: CYBER SAFETY AND SECURITY AWARENESS SESSION



A special awareness session on 'Cyber Safety and Security in School' was organised for the teachers of our school with the objective of creating greater awareness about responsible, safe, and secure use of digital technology in the school environment. The session was conducted by Ms Archana Malhotra, CBSE Coordinator and a learned and experienced resource person in the field of cyber safety and digital security. The resource person sensitised teachers to various aspects of cyber security, including online safety, protection of personal and school data, strong passwords, phishing and fraudulent links, safe use of social media, cyberbullying, digital footprints, and responsible internet usage. The interactive session also highlighted the growing importance of equipping teachers with the knowledge and skills required to identify potential cyber threats and guide students towards safe digital practices. Practical examples and real-life situations were discussed to help teachers understand common cyber risks and the preventive measures that can be adopted in everyday life.



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Saturday

STEP, STRETCH, BREATHE: GRADE 1 STUDENTS EXPERIENCE TAI CHI



The session began with a brief introduction to Tai Chi Movement, a gentle form of exercise that involves slow, controlled and relaxing movements. The students of Grade 1 gathered in the school garden and participated enthusiastically in a series of simple Tai Chi exercises.

The teacher demonstrated easy movements such as gentle arm stretches, slow stepping, deep breathing, balancing and coordinated hand movements. The students carefully followed and imitated the teacher while maintaining proper posture and controlled movements.

The activity was conducted in a calm and refreshing environment, helping the children feel relaxed and focused. They enjoyed performing the movements together and developed awareness of their body and breathing.



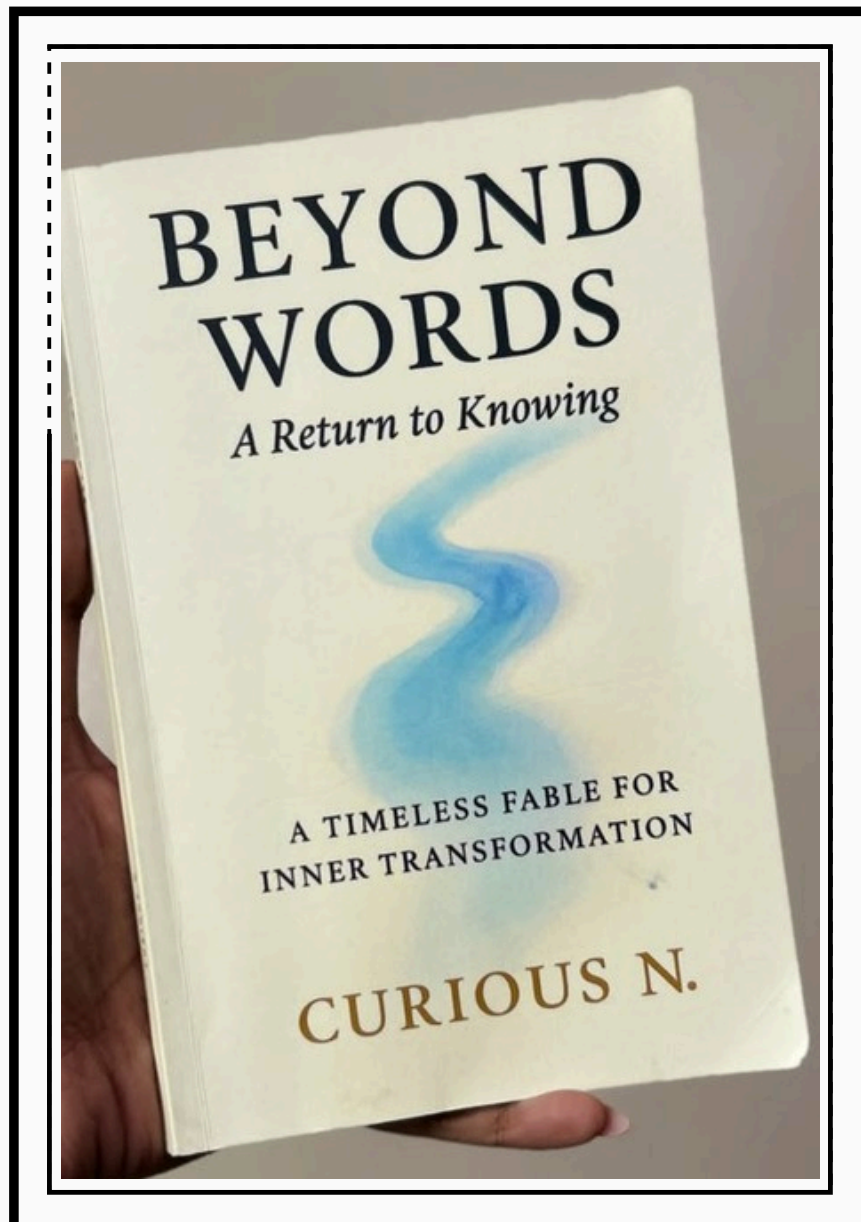
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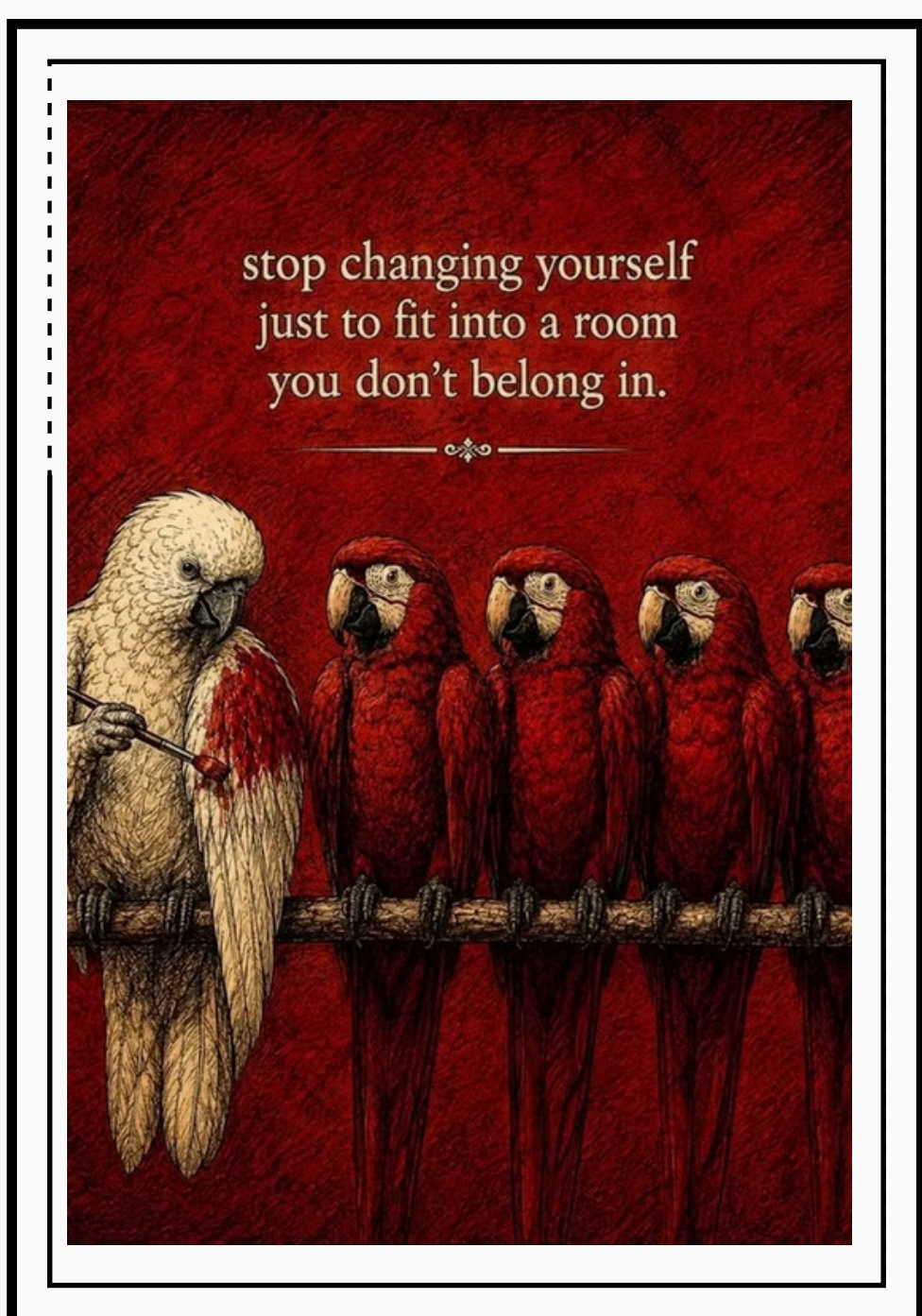
Saturday

BOOK RECOMMENDATION : BEYOND WORDS

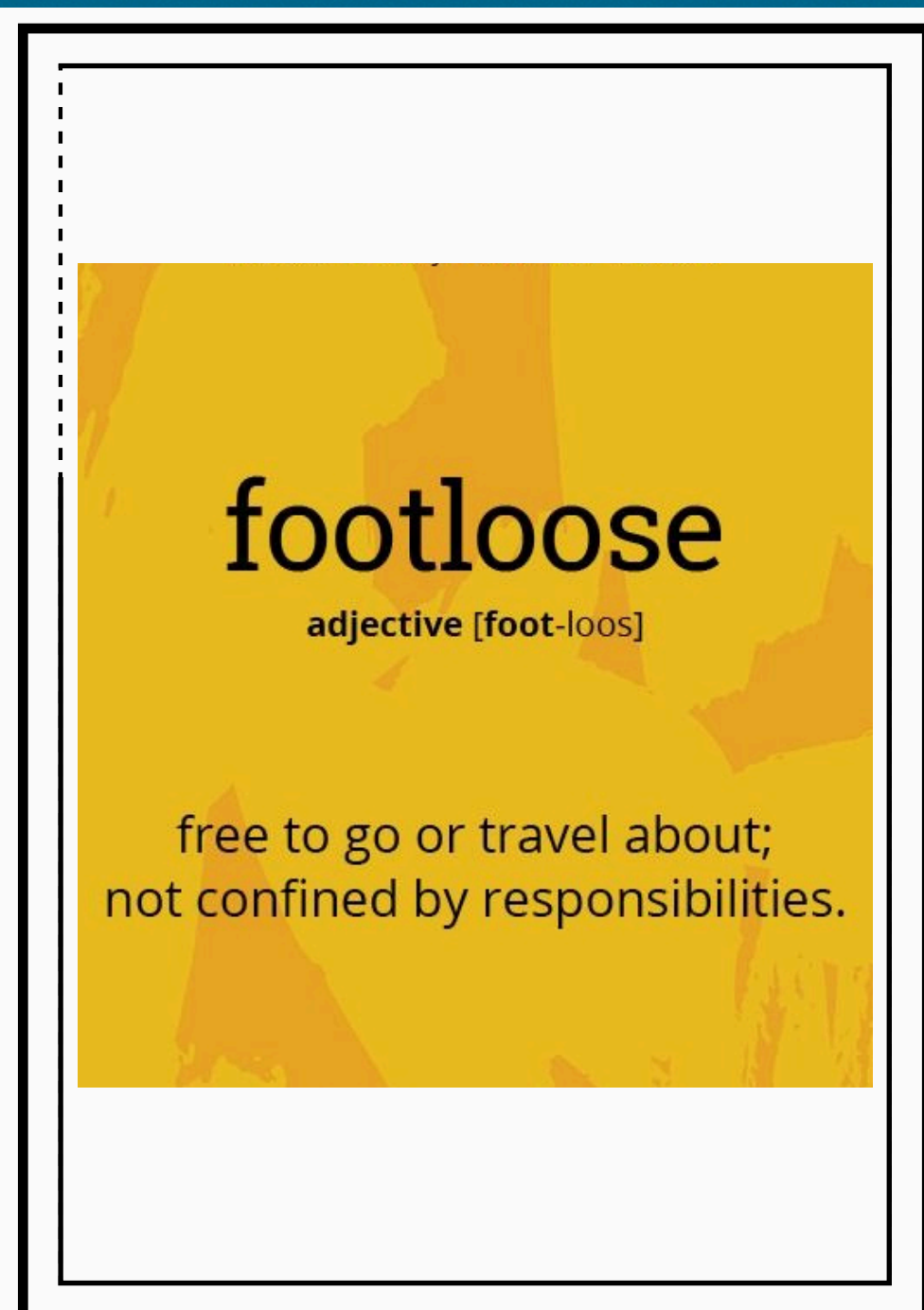


Beyond Words is a thoughtful and inspiring read that explores the power of communication beyond spoken language. The book beautifully highlights how emotions, gestures, expressions, silence and actions can often convey what words cannot. It encourages readers to become more observant, empathetic and mindful of the subtle ways people express themselves. What makes the book engaging is its relatable approach to everyday human interactions and relationships. It reminds us that effective communication is not merely about speaking but also about listening, understanding and connecting. The ideas presented are simple yet meaningful, making the book accessible to young readers as well as adults. Beyond Words is a valuable recommendation for anyone interested in communication, emotional intelligence and understanding people on a deeper level.

THOUGHT OF THE DAY



WORD



THE BCM EDGE

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Monday

ARPITA CANCER SOCIETY PRESENTS

**'MAIN TENU PHIR MILANGI' BY LAKSH MAHESHWARI —
A TRIBUTE TO COURAGE, COMPASSION AND THE HUMAN SPIRIT**



***ARPITA CANCER SOCIETY: Ensuring that no poor child dies from cancer
due to a lack of financial resources or treatment affordability***

The Arpita Cancer Society hosted an inspiring storytelling evening dedicated to honouring the courage of cancer warriors, the resilience of survivors, and the unwavering contribution of doctors and caregivers in the fight against cancer.

The event was graced by Mr. Himanshu Jain, Deputy Commissioner, Ludhiana, Shri Suresh Chandra Munjal, Ms. Rama Munjal, Founder, Arpita Cancer Society, along with eminent doctors from DMC&H, distinguished dignitaries of the BCM Foundation and principals of various institutions.

The programme commenced with a warm welcome by Dr. Vandna Shahi, Principal, BCM School, Basant Avenue, Ludhiana, who acknowledged the collective efforts of the medical fraternity, cancer survivors, families and everyone associated with the cause.

The highlight of the evening was a captivating storytelling presentation by Laksh Maheshwari, renowned national storyteller, who presented 'Main Tenu Phir Milangi', a poignant narrative inspired by the life and literary legacy of Sahir Ludhianvi, the celebrated poet and lyricist associated with Ludhiana. Through his powerful narration and expressive storytelling, Laksh Maheshwari brought alive the emotions, struggles and timeless words of Sahir, leaving the audience deeply moved.

THE BCM EDGE

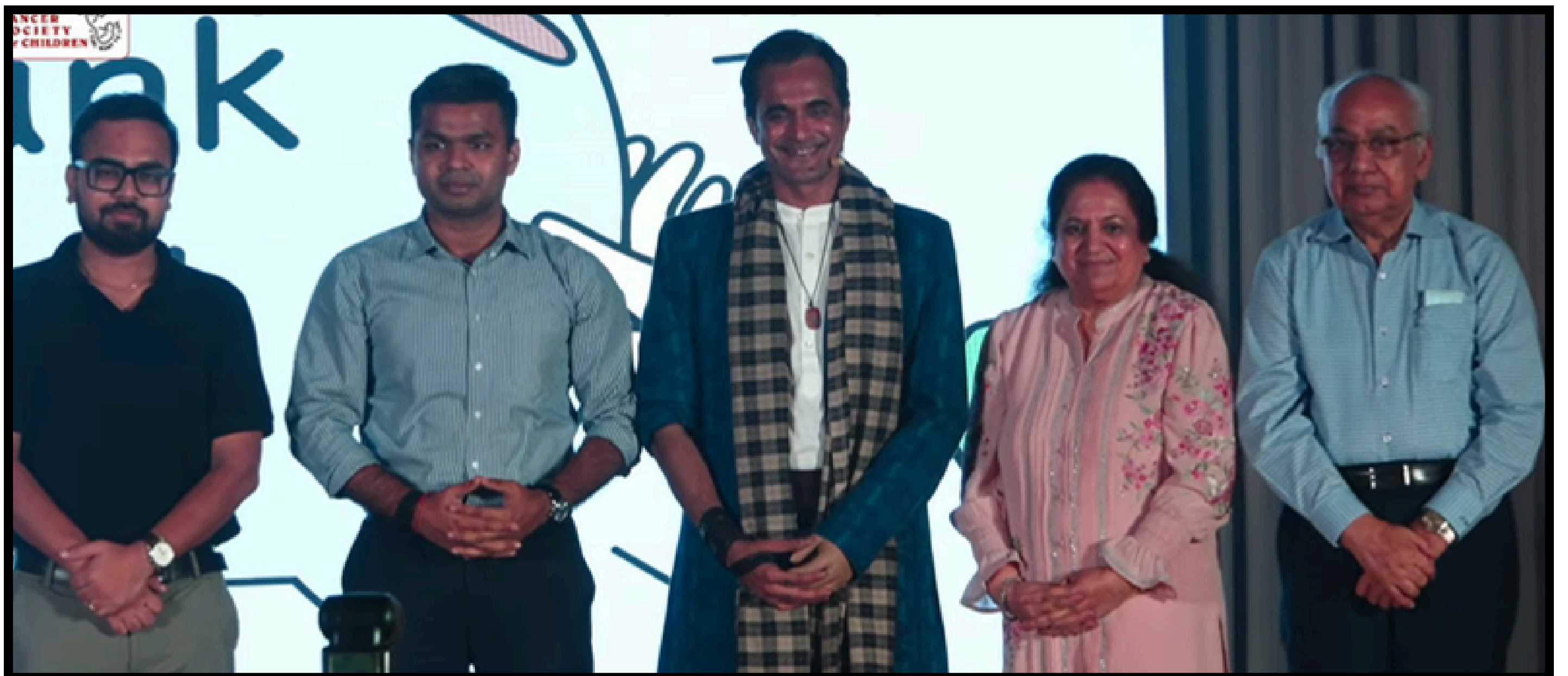
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LEAD360 - EXPLORE, EXPRESS, EXCEL

Monday

ARPITA CANCER SOCIETY PRESENTS

**'MAIN TENU PHIR MILANGI' BY LAKSH MAHESHWARI —
A TRIBUTE TO COURAGE, COMPASSION AND THE HUMAN SPIRIT**



The evening served as a heartfelt tribute to the doctors, caregivers, survivors and cancer warriors whose strength and perseverance continue to inspire countless lives. In recognition of his exceptional presentation, Laksh Maheshwari was honoured by Mr. Himanshu Jain, Deputy Commissioner, Ludhiana.

The memorable evening beautifully brought together storytelling, literature and a meaningful social cause, celebrating hope, courage and the enduring power of the human spirit.



BCM SCHOOL

BASANT AVENUE, DUGRI ROAD, LUDHIANA

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21st Sept' 26

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Monday

OUR
FOUNDATIONAL
PILLARS

 LIEUTENANT, INDIAN ARMY	 CONTENT CREATOR	 SALES AND MARKETING SPECIALIST	 MISS AUSTRALIA 2026	 INTERNATIONAL HAIR STYLIST
 INDIAN CRICKET TEAM U-19	 FOUNDER- PALETTE TO PLATE	 SENIOR ANALYST- JP MORGAN & CO	 SENIOR RISK ANALYST- ERNST & YOUNG	 BOLLYWOOD SINGER



LEGACY
OF
23
YEARS



The school has nurtured countless journeys — from doctors and educators to civil servants, defence officers, chartered accountants and entrepreneurs — empowering its students to serve, lead and make a meaningful difference.

THE BCM EDGE

21st Sept' 26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Monday

Celebrating SPORTING ★ EXCELLENCE

NAVKARAN SINGH

Class VII Daisy

Represented the school in the
State-Level Basketball Tournament
held at Gardiwala, Hoshiarpur.

The team secured

★
THIRD POSITION
★

*A proud achievement reflecting
dedication, teamwork and
sporting spirit.*



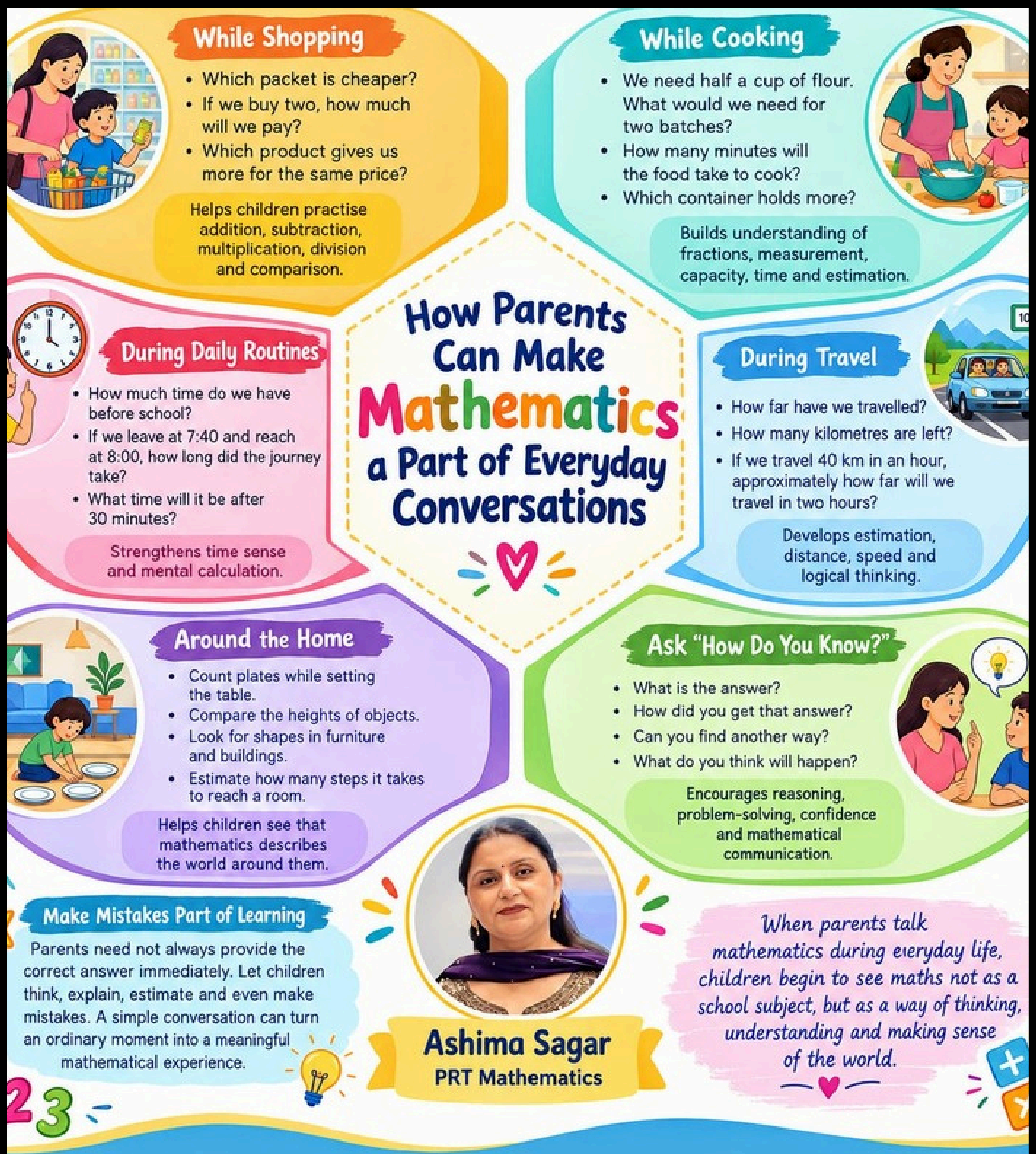
★
THE BCM FAMILY CONGRATULATES
NAVKARAN SINGH

THE BCM EDGE

21st Sept' 26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Monday



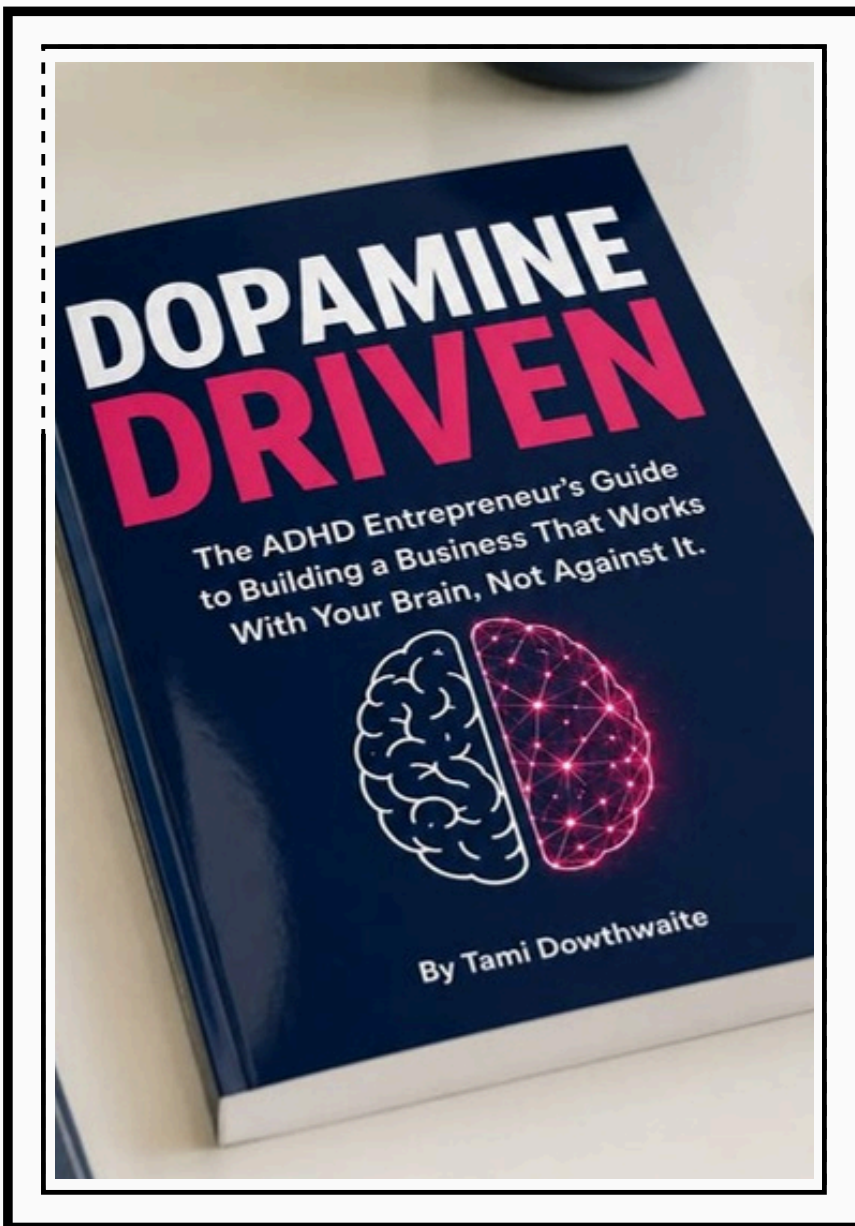
THE BCM EDGE

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Monday

BOOK RECOMMENDATION : DOPAMINE DRIVEN



Dopamine Driven is an insightful read that explores how our brains respond to rewards, pleasure, and instant gratification. The book sheds light on why we often find ourselves scrolling endlessly, checking notifications, seeking entertainment, or struggling to stay focused on meaningful goals. What makes it engaging is its simple explanation of dopamine and its influence on habits, motivation, and decision-making. Rather than presenting dopamine as negative, the book encourages readers to understand its role and develop healthier relationships with technology and everyday rewards. The practical suggestions make the ideas easy to connect with real life. Dopamine Driven is especially relevant for young readers navigating a fast-paced digital world and looking to build awareness, discipline, focus, and intentionality in their daily lives.

THOUGHT OF THE DAY



WORD

bonhomie

ban.ə.mi

(n.) good-natured easy friendliness

(There is a casual bonhomie amongst the cast as they rehearse for the show.)



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THE BCM EDGE

22nd Sept' 26 **LEAD360 - EXPLORE, EXPRESS, EXCEL**

Tuesday



Congratulations

YACHIKA JAIN

CLASS X • TULIP

3rd

POSITION

100-METRE HURDLES RACE



SCHOOL ZONAL TOURNAMENT
GURU NANAK STADIUM, LUDHIANA

SELECTED FOR
DISTRICT LEVEL
TOURNAMENT



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THE BCM EDGE

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Tuesday

Our Foundational Pillars

At BCM, learning transcends textbooks and notebooks—extending beyond the classroom into real-world experiences where students explore, experiment, create and acquire knowledge through meaningful hands-on engagement.

**A supportive and dynamic
learning environment.**



From smart classrooms and student-led initiatives to guest lectures, industrial visits, exhibitions, entrepreneurial ventures and idea-driven projects, experiential and student-fostered learning have always been integral to the BCM educational journey.

THE BCM EDGE

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LEAD360 - EXPLORE, EXPRESS, EXCEL

Tuesday

Role of Education in Shaping the Youth

Better Education
Brighter Futures



Education plays a vital role in shaping the future of young people and, consequently, the future of society. It provides youth with **knowledge, skills, values, and confidence** needed to face the challenges of life. A good education does not merely prepare students for jobs; it develops their ability to **think critically, make responsible decisions, and solve problems creatively.**



Education also helps young people understand their rights and duties as citizens. It teaches important **values** such as **honesty, discipline, tolerance, empathy, and respect** for others.



In today's rapidly changing world, education enables youth to adapt to new technologies and opportunities while encouraging **innovation and entrepreneurship.**



Moreover, education can protect young people from ignorance, prejudice, and harmful influences. It encourages them to set **goals** and work hard to achieve them.



Educated and responsible youth can contribute positively to their **families, communities, and nation.**



Therefore, education is a powerful tool for **empowering the youth.**

By providing quality education and equal opportunities, we can create a generation that is **knowledgeable, confident, responsible, and capable of building a better future.**



Riya Verma

— KG Teacher —

Empowered Youth
Build Stronger Nations



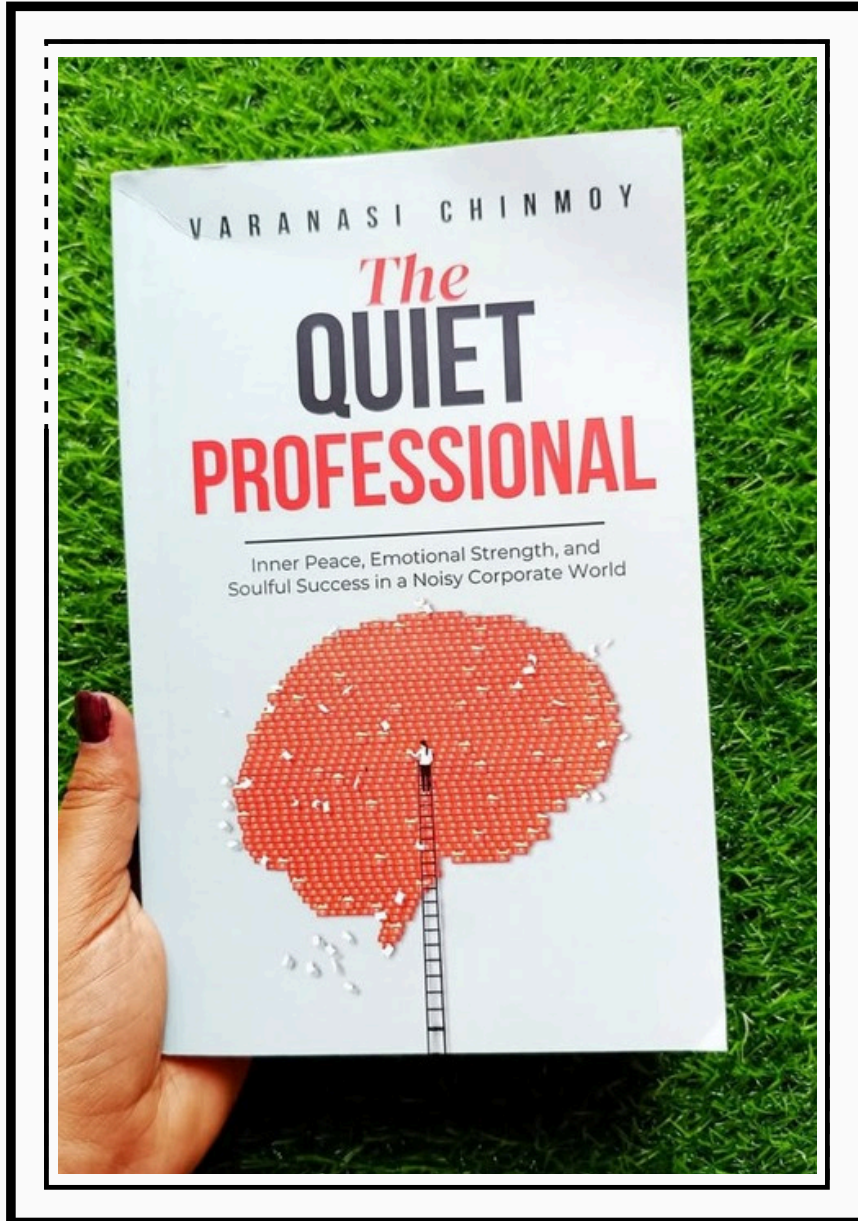
THE BCM EDGE

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LEAD360 - EXPLORE, EXPRESS, EXCEL

Tuesday

BOOK RECOMMENDATION : THE QUIET PROFESSIONAL



The Quiet Professional offers a thoughtful perspective on what true professionalism looks like in a world that often celebrates visibility and self-promotion. The book focuses on the value of discipline, humility, competence, integrity, and letting consistent work speak for itself. Rather than seeking constant recognition, the quiet professional is portrayed as someone who remains focused on responsibilities, maintains high standards, and contributes meaningfully without needing the spotlight. Its message is especially relevant in today's professional environment, where being heard can sometimes seem more important than being effective. The book encourages readers to build credibility through actions, reliability, and character. A meaningful read for anyone who believes that professionalism is demonstrated through consistent excellence, quiet confidence, and purposeful work.

THOUGHT OF THE DAY



WORD

Veracious adj.

US: /və'reɪ.jəs/ UK: /və'reɪ.jəs/

Honest and not telling or containing any lies; truthful.

Quiz Buddy



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23rd Sept' 26 LEAD360 - EXPLORE, EXPRESS, EXCEL Wednesday

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Basant Avenue, Dugri Road, Ludhiana



AAGASTYA
KAUSHIK



Congratulations

got **3rd** position in
100 MTR BACKSTROKE

IN STATE LEVEL
CHAMPIONSHIPS





BCM SCHOOL

BASANT AVENUE, DUGRI ROAD, LUDHIANA



THE BCM EDGE

23rd Sept' 26 **LEAD360 - EXPLORE, EXPRESS, EXCEL** Wednesday

OUR FOUNDATIONAL PILLARS



Innovation and Creativity



At BCM, innovation and creativity extend far beyond the classroom—they come alive in the everyday experiences that encourage students to imagine, experiment and create. From designing and running their own stalls and exploring the fundamentals of entrepreneurship, to engaging with the Spic Macay programmes and diverse creative initiatives, our students learn to turn ideas into meaningful experiences. This spirit of curiosity and enterprise then takes them to larger platforms, with students earning opportunities such as selection for ISRO's prestigious YUVIKA programme and the New York Academy of Sciences (NYAS) Fall Cohort.

THE BCM EDGE

23rd Sept' 26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Wednesday



Challenges
build stronger,
wiser and
braver you.



Every Challenge Is an Opportunity

Life is not always a smooth journey. At different stages, we all face challenges—difficult subjects, disappointing results, failures, competitions, misunderstandings, or moments when we feel that our efforts are not enough. However, challenges are not meant to stop us. They are **opportunities to learn, grow, and discover our inner strength.**

A challenge often takes us outside our comfort zone. When we struggle, we begin to develop **patience, courage, creativity, and determination.** A difficult situation can teach us lessons that success alone cannot.

The way we look at a challenge makes a difference. If we see it as a problem, we may feel discouraged. If we see it as an **opportunity**, we begin to look for **solutions.** Instead of asking, "Why is this happening to me?", we can ask, "What can I learn from this?"

Every challenge carries a hidden lesson. Some make us **stronger**, some make us **wiser**, and others help us **discover talents** we did not know we had.

*“A challenge is not the end of the road;
it can be the beginning of a new journey.
When we change the way we look at challenges,
challenges can change the way we look at ourselves.”*

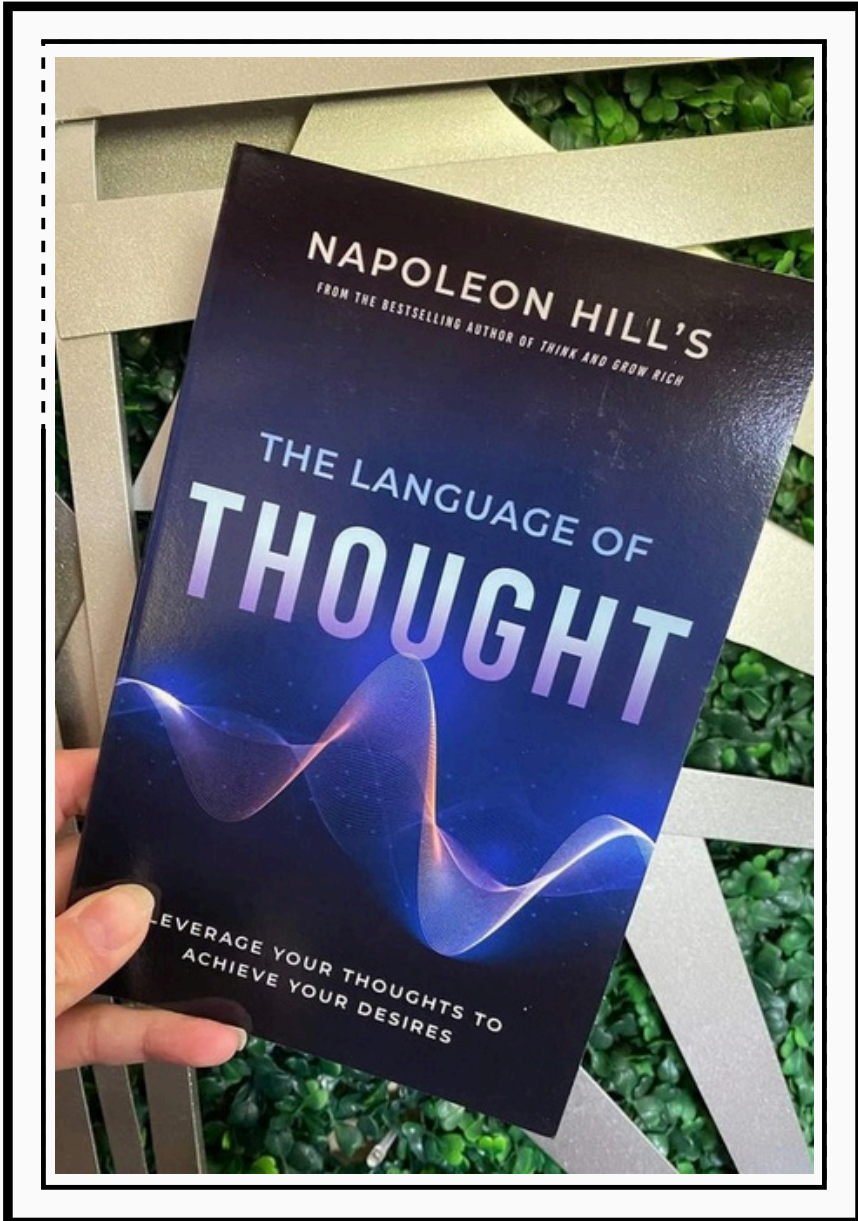
Manpreet Kaur
HOD DANCE



THE BCM EDGE

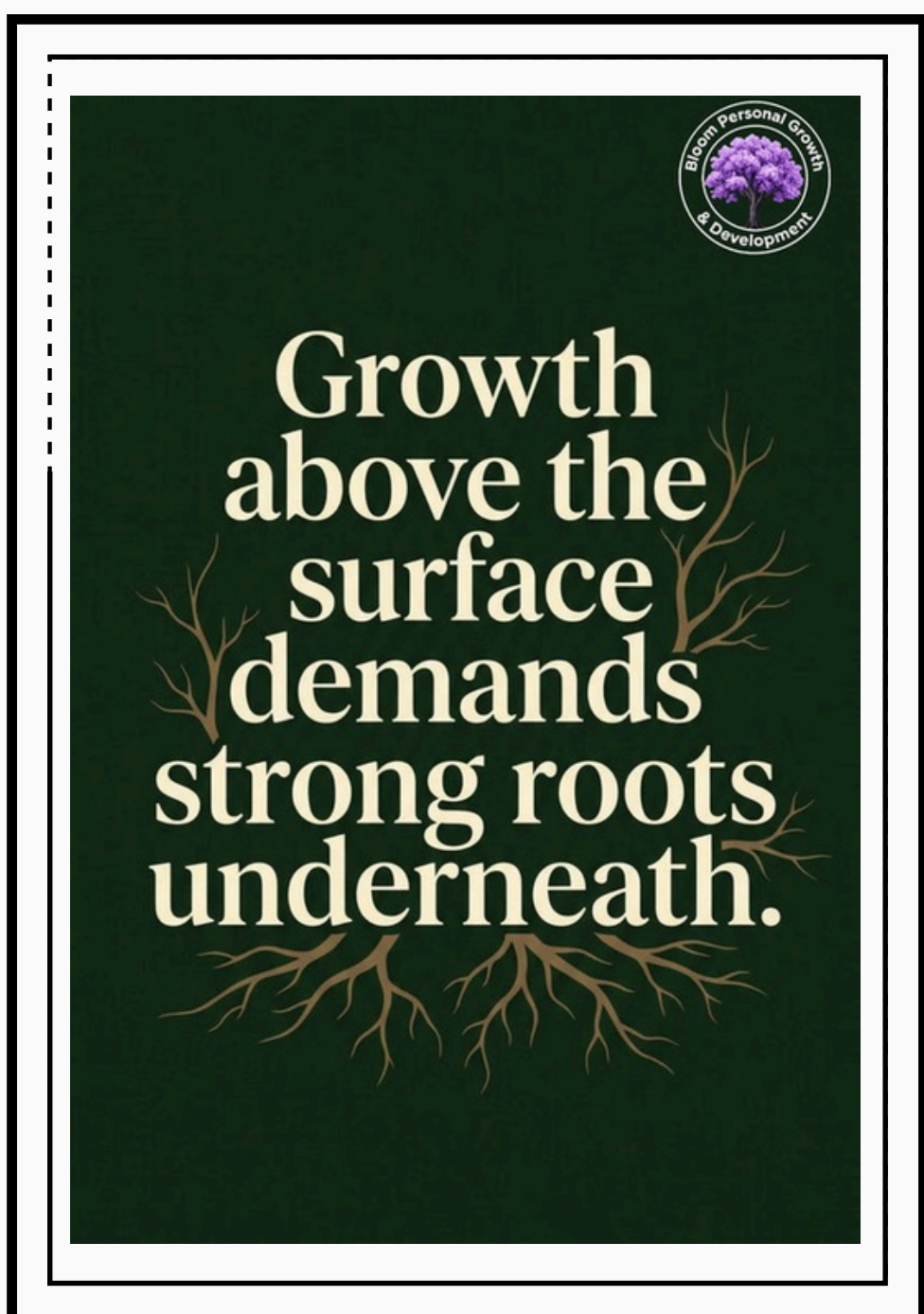
23rd Sept' 26 LEAD360 - EXPLORE, EXPRESS, EXCEL Wednesday

BOOK RECOMMENDATION : THE LANGUAGE OF THOUGHT

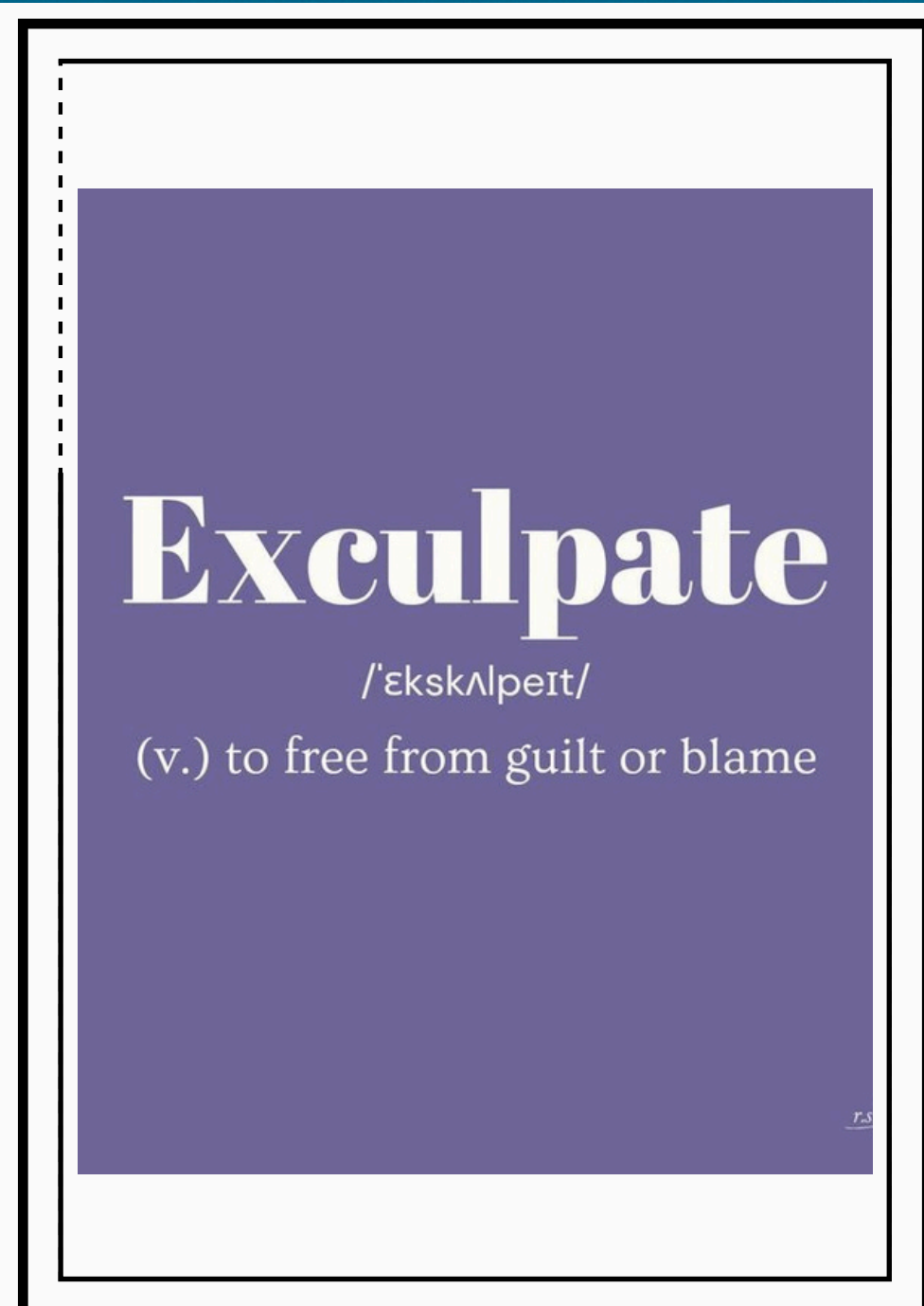


The Language of Thought is an insightful and thought-provoking book that explores the fascinating connection between language, ideas, and the human mind. It encourages readers to reflect on how the words we use shape our thoughts, emotions, perspectives, and understanding of the world. With its engaging ideas and meaningful observations, the book makes a complex subject accessible and interesting. It highlights the power of communication while encouraging readers to become more conscious of their inner dialogue and the way they express themselves. What makes the book particularly valuable is its ability to inspire curiosity and self-reflection. The Language of Thought is a worthwhile read for students, educators, and anyone interested in psychology, communication, and personal growth. It leaves readers thinking beyond words.

THOUGHT OF THE DAY



WORD





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THE BCM EDGE

24th Sept' 26 **LEAD360 - EXPLORE, EXPRESS, EXCEL** Thursday

HEARTIEST CONGRATULATIONS



Match Details	India Women	Sri Lanka Women
Score	216/3 (20 overs)	69 (15.4 overs)
Top Scorers	Smriti Mandhana (79), Richa Ghosh (49*), Shafali Verma (48)	Chamari Athapaththu (29)
Top Bowlers	Deepti Sharma (3/6), Shafali Verma (2/3)	-

INDIAN WOMEN'S CRICKET TEAM

FOR CLINCHING INDIA'S FIRST GOLD MEDAL AT
THE ASIAN GAMES 2026



A GOLDEN MOMENT FOR INDIA • A MOMENT OF PRIDE FOR EVERY INDIAN



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24th Sept' 26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Thursday

OUR FOUNDATIONAL PILLARS



Regular sports and fitness
coaching.

At the forefront of sporting excellence, we nurture champions through year-round fitness, expert coaching, and opportunities to excel from inter-house competitions to national platforms

THE BCM EDGE

24th Sept' 26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Thursday



TEARING & PASTING IN JUICY MANGO

Class – Nursery

A Fun-Filled Learning Experience

The little learners of Nursery participated enthusiastically in the fun-filled activity "Tearing and Pasting in Juicy Mango." The children explored their creativity by tearing yellow and green coloured paper into tiny pieces and carefully pasting them inside a mango outline.

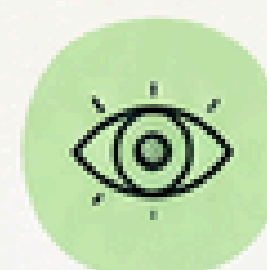
With tiny hands busy creating their juicy mangoes, the classroom was filled with excitement and joy. The activity encouraged children to work with focus while enjoying the process of learning through play.

Learning Outcomes

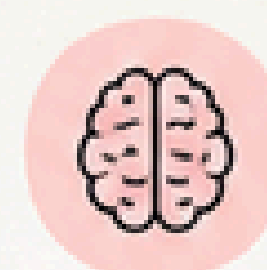
The activity helped children develop



Fine motor skills



Hand-eye coordination



Concentration



Creativity and colour recognition

THE BCM EDGE

24th Sept' 26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Thursday



The Power of Positivity in Student Life

Think Positive
Be Positive
Achieve Your Dreams

A positive mind builds a brighter future!



Amrita Kaur Rekhi

1. A Ray of Sunshine

Positivity is like a ray of sunshine that brightens even the darkest day. Student life is a wonderful journey filled with learning, friendship, dreams and new experiences, but it also brings many challenges. Examinations, homework, competitions, expectations, and the fear of failure can sometimes make students feel worried and stressed. At such times, a positive attitude can be like a guiding light that shows us the right path. Being positive does not mean that problems disappear; rather, it means facing them with courage and believing that every difficulty can be overcome with patience and effort, just as a mountain is climbed one step at a time.



2. Face Challenges with Courage

With this positive way of thinking, students can learn to face challenges more confidently. A positive student looks at difficulties like stepping-stones rather than stumbling blocks. Instead of saying, "I cannot do this," a positive student says, "I will try my best." This simple change in thinking can reduce stress and build confidence. Failure should not be like a full stop; it should be like a comma that gives us another chance to continue. Just as a small seed grows into a strong plant with care and patience, students also grow through practice, hard work and learning. In this way, mistakes become like useful lessons that show us how to improve.



3. Build Confidence

This confidence becomes especially important during examinations and other stressful situations. Too much worry can make the mind feel as heavy as a bag full of stones. Therefore, instead of worrying constantly about results, students should focus on preparation. They can make a study plan, revise regularly, take short breaks and believe in themselves. A calm mind is like clear water—it helps us see things clearly. Sometimes, a difficult subject may seem as challenging as a high mountain, but regular practice can help students reach the top. Moreover, every small achievement is like a drop of water that slowly fills a bucket. These small successes remind students that progress takes time and that every sincere effort matters.

PLAN
STUDY
REVISE
SUCCEED



4. Positive Relationships

Apart from helping students with their studies, positivity can also improve their relationships with others. Kind words and encouragement can spread like a smile from one person to another. When students help their classmates, respect their teachers, listen to their parents and support their friends, they create a warm and friendly environment. Simple words such as "You can do it," "Keep trying" and "I believe in you" can be like a gentle breeze on a hot day, bringing comfort and encouragement. Furthermore, students can develop positivity by spending time with good friends, enjoying hobbies, reading inspiring books, staying active, getting enough sleep and being thankful for the little things in life. Every student is special, just as every flower in a garden has its own beauty.

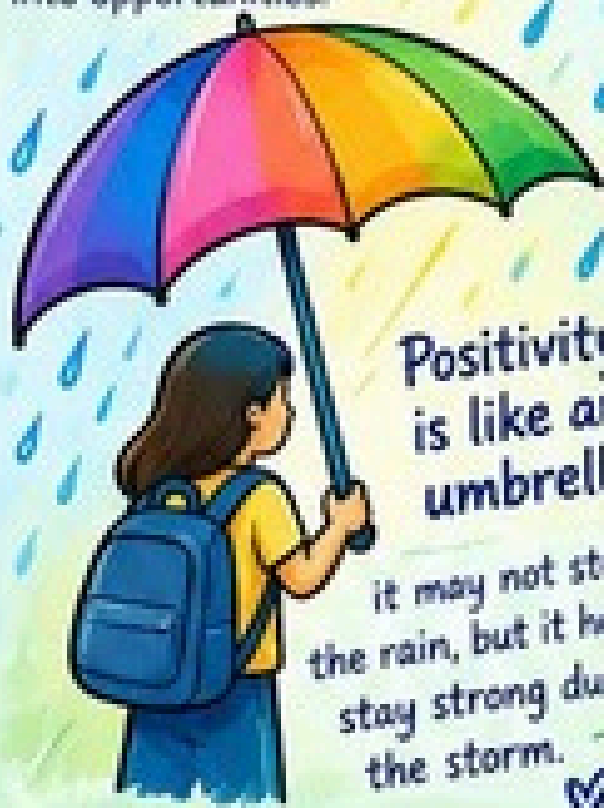
Good Friends = Happy Days




5. Choose Positivity

Ultimately, life will always have happy and difficult moments, but a positive attitude can help students face them with courage. It can turn fear into confidence, stress into strength, mistakes into lessons and challenges into opportunities.

Positivity is like an umbrella...
it may not stop the rain, but it helps us stay strong during the storm.



6. The Real Success

Therefore, students should choose hope over fear, effort over excuses, and confidence over self-doubt. True success is not only about getting good marks; it is also about developing a strong mind, a kind heart and the courage to keep moving forward.

HOPE
EFFORT
CONFIDENCE
SUCCESS

"With a positive attitude, every challenge can become a lesson, every mistake can become an opportunity to improve, and every new day can be like a fresh start filled with hope and possibilities."



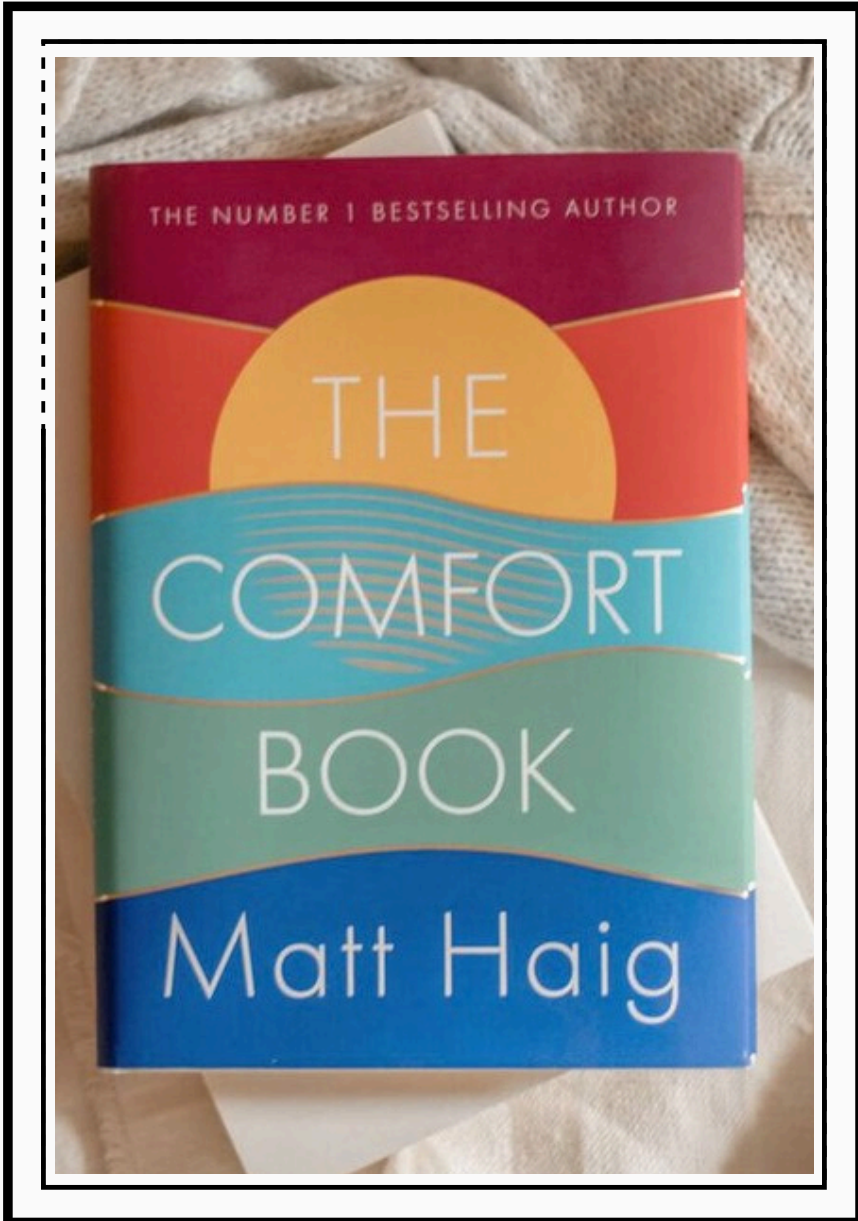
THE BCM EDGE

24th Sept' 26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Thursday

BOOK RECOMMENDATION : THE COMFORT BOOK



The Comfort Book by Matt Haig is a gentle reminder that life doesn't always have to be figured out all at once. A collection of thoughts, reflections, quotes, and little observations, the book feels like a quiet conversation with someone who understands that some days are simply harder than others. What makes it special is its simplicity—it doesn't preach or promise instant solutions; instead, it encourages us to pause, breathe, accept our feelings, and find comfort in small moments. Each page offers something to hold on to, making it a perfect companion for overwhelming or uncertain days. If you enjoy books that feel like a warm hug rather than a lecture, The Comfort Book is a beautiful read that gently reminds us: difficult days pass, and there is always something worth staying for.

THOUGHT OF THE DAY

who,
being loved,
is poor?

Oscar Wilde

WORD

jawbreaker

noun [jaw-brey-ker]

a word that is hard to pronounce.



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25th Sept' 26 LEAD360 - EXPLORE, EXPRESS, EXCEL

Friday

OUR FOUNDATIONAL PILLARS



Values and
strong character
building.

At BCM School, education goes beyond academics to nurture empathy, respect, integrity, responsibility and social awareness. Through rallies, nukkad natak, community initiatives and everyday acts of kindness, students learn to stand for what is right and make a meaningful difference.

THE BCM EDGE

25th Sept' 26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Friday

FOLLOW THE DIRECTIONS: LEARNING THROUGH MOVEMENT

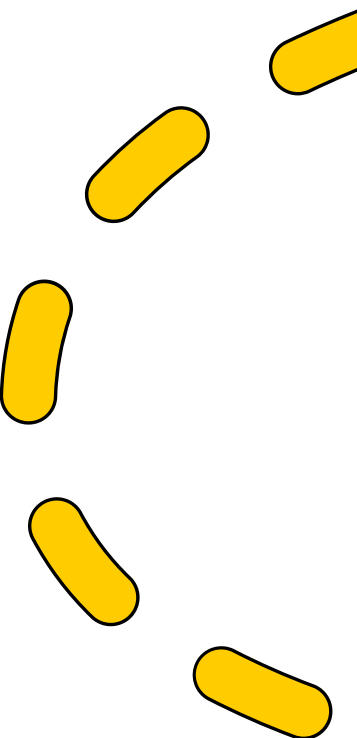
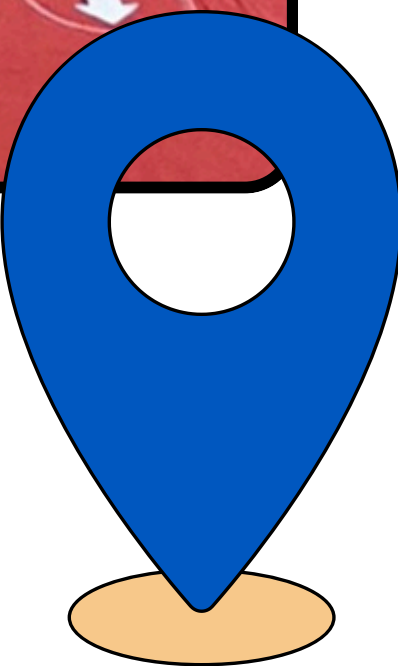


Learning becomes more joyful and meaningful when children explore concepts through movement and play. Keeping this in mind, the LKG students participated in an engaging and activity-based learning experience titled 'Follow the Directions', designed to strengthen their listening, observation and coordination skills.

As part of the activity, the teachers marked different arrows on the floor to represent various directions. The little learners carefully observed the arrows and followed them by standing, stepping and moving in the indicated direction. They practised identifying and responding to directions such as left, right, forward and backward, turning the learning experience into an exciting movement-based game.

The activity encouraged the children to listen attentively, observe carefully and respond appropriately to the given instructions. As they moved along the marked paths, they developed better body coordination, concentration and spatial awareness while also learning to understand the relationship between their movements and different directions.

The activity also provided opportunities for children to think, make quick observations and decide how to move according to the direction shown. This made the learning process interactive and helped them develop their ability to follow instructions with greater confidence.



THE BCM EDGE

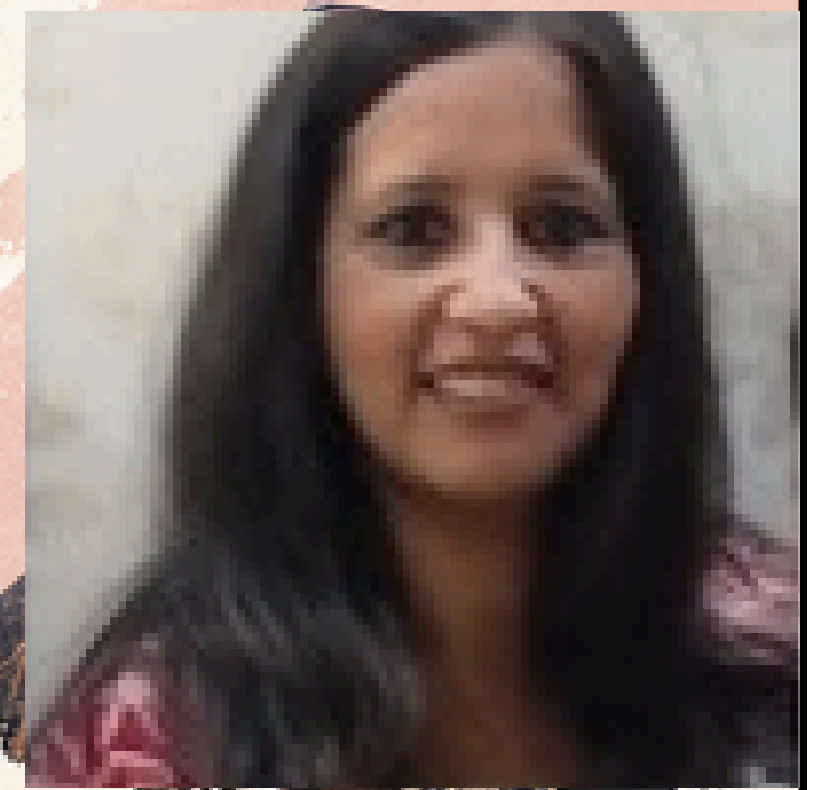
25th Sept' 26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Friday

Empathy

UNDERSTANDING AND
CARING FOR OTHERS



What is Empathy?

Empathy is the ability to understand and share the feelings of another person. It means putting ourselves in someone else's place and trying to understand what they may be going through. It helps us become kind, caring and responsible human beings.



See Beyond the Surface

A student may look happy but be worried at home. A classmate may perform poorly in a test due to personal difficulties. Instead of judging, we should try to understand. A few kind words or a helping hand can make a big difference.

It's More Than Feeling Sorry

Empathy is not the same as simply feeling sorry. When we feel sorry, we may recognise someone's pain. But when we show empathy, we try to understand their feelings and respond with kindness. Encourage a nervous friend, include a lonely classmate — small actions matter.



It Matters in School

Students come from different families, cultures and backgrounds. We should respect our differences, be kind and treat everyone equally. Listen carefully when someone is speaking. Don't interrupt, insult or make fun of others.



Builds Stronger Friendships

When there's a disagreement, listening to each other's feelings and point of view can help us understand the real reason and find a peaceful solution. Empathy creates a positive classroom environment.



Small Actions, Big Impact

Share your things, help a classmate, comfort a friend, or simply ask, "Are you okay?" Be patient and listen without judging. These little acts build a kinder world.

Empathy makes the world a kinder and happier place.

It teaches us that everyone has feelings, problems and dreams. As students, if we understand and respect others, we can make our classroom, school and society more caring.

A small act of kindness can have a big impact.

Empathy begins when we stop thinking only about ourselves and start understanding the hearts of others.

— Anita Rani —

THE BCM EDGE

25th Sept' 26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Friday

THE STUDENT'S EDGE



What is Space? ★

- Space is the vast area beyond Earth's atmosphere.
- It includes the Moon, planets, stars, galaxies, and more!

Why is it Important? ★

- Helps us learn about our universe and planets.
- Satellites help with weather, GPS, and communication.



ISRO (Indian Space Research Organisation) ★

- India's space agency, started in 1969.
- Launched missions like Chandrayaan to the Moon & Mangalyaan to Mars.
- Helps India explore space for science & technology!



Interesting Facts! ★

- The Sun is a star, much bigger than Earth!
- There are millions of stars in our galaxy, the Milky Way.
- An Astronaut's suit protects them in space!



Dream ★ Explore ★ Discover

Name: Ananya
Class: Fifth Tulip



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THE BCM EDGE

25th Sept' 26

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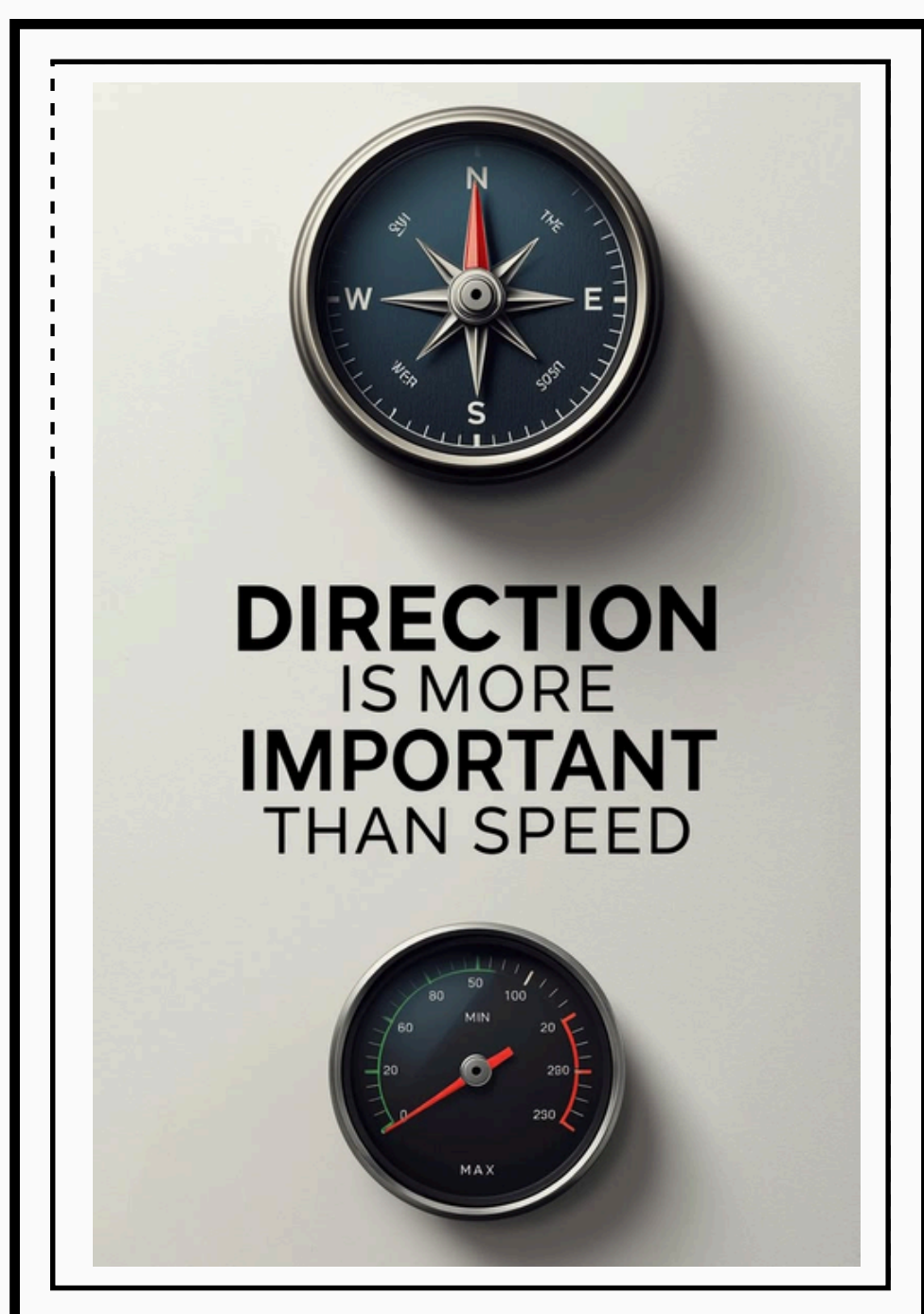
Friday

BOOK RECOMMENDATION : SAY IT RIGHT EVERYTIME



Say It Right... Every Time is a practical and insightful guide that helps readers communicate with greater clarity, confidence, and impact. The book highlights the importance of choosing the right words, tone, and expressions in everyday conversations. What makes it especially useful is its simple and relatable approach, making communication skills easy to understand and apply. It encourages readers to think before they speak and become more mindful of how their words may be received by others. The book is particularly helpful for students, professionals, and anyone looking to improve their interpersonal and communication skills. With useful tips and engaging examples, Say It Right... Every Time is a valuable read for developing effective communication and creating stronger, more meaningful interactions.

THOUGHT OF THE DAY



WORD



EDITOR & CREATIVE LEAD: MS. SANSKRITI VERMA (OUTREACH & MEDIA)



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26th Sept' 26 LEAD360 - EXPLORE, EXPRESS, EXCEL

Saturday

BCM SCHOOL *Celebrates*



THE VICTORY OF
THE INDIAN DUO OF
KAMALJEET AND SARUCHI SINGH
*who struck **GOLD** in the mixed team 10m air pistol final
at the Asian Games 2026*



We are proud of you!



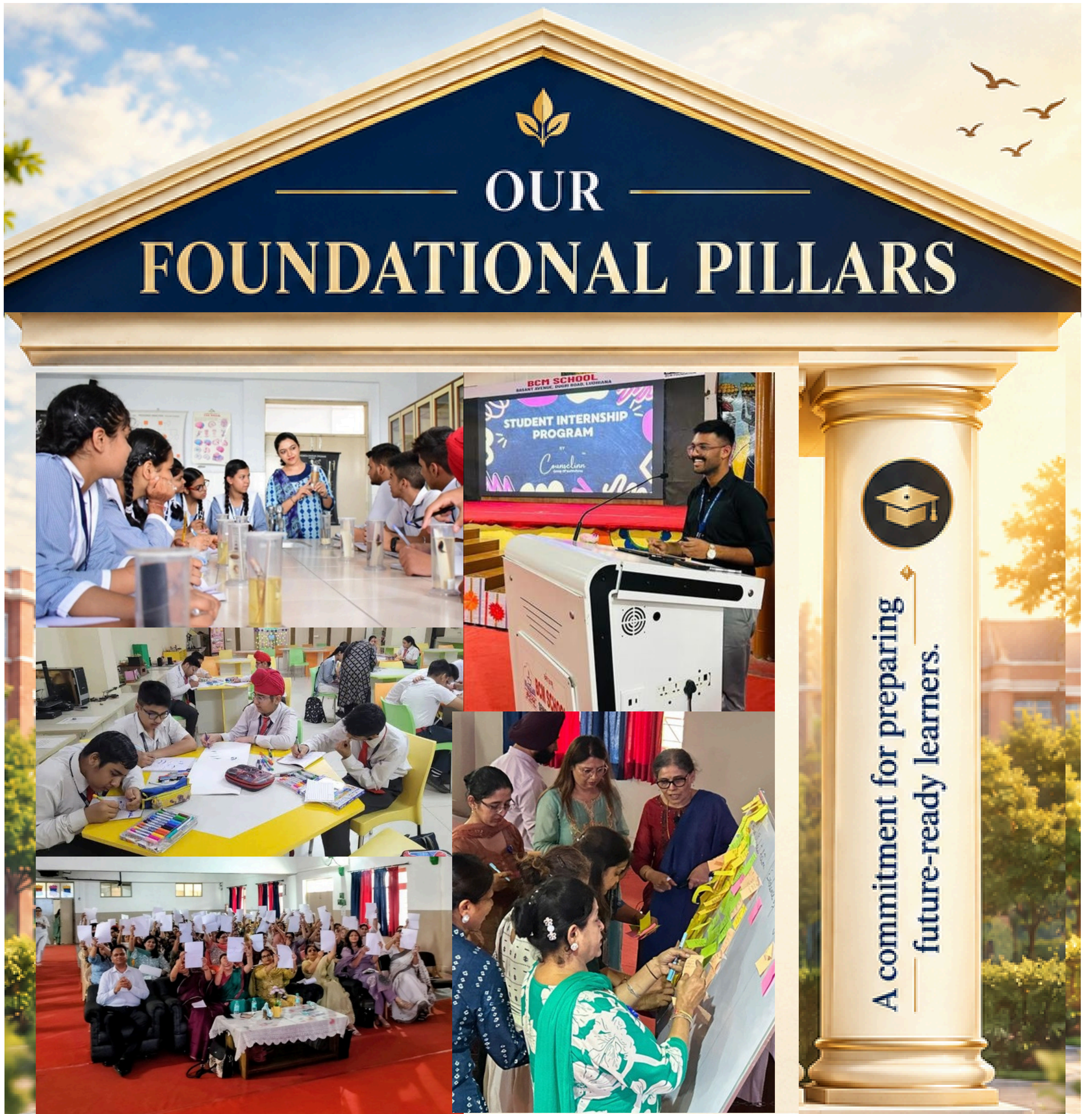
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26th Sept' 26 LEAD360 - EXPLORE, EXPRESS, EXCEL Saturday



We are committed to nurturing future-ready learners through innovation-driven labs, hands-on internships, skill development programmes, and continuous teacher training—equipping both our students and educators with the skills, knowledge and adaptability to thrive in a rapidly evolving world.

THE BCM EDGE

26th Sept' 26 **LEAD360 - EXPLORE, EXPRESS, EXCEL**

Saturday

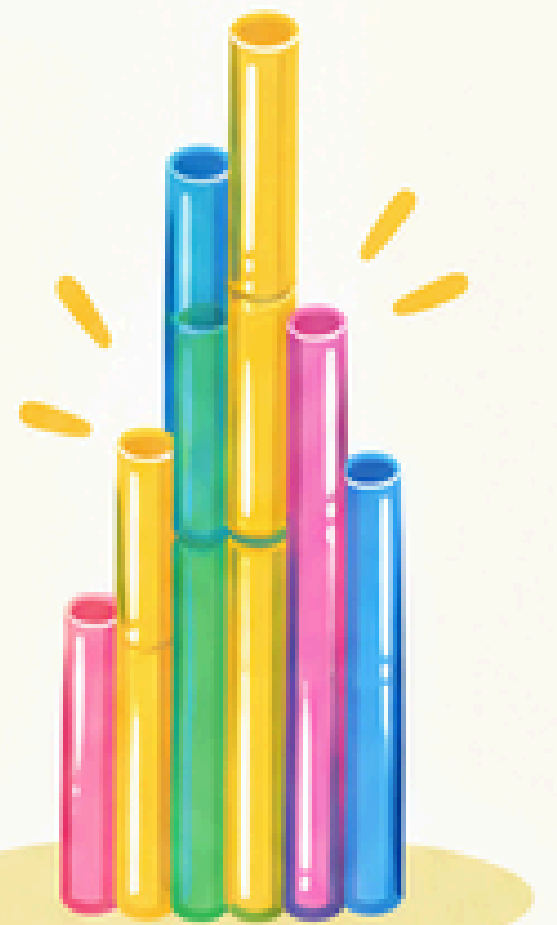
≥ Nursery ≤

Activity -

Straw Tower

Observe
Compare
Arrange
Build

The Nursery learners enthusiastically participated in the engaging hands-on activity "Straw Tower", designed to introduce the concept of length through playful exploration. Children were provided with straws of different lengths and encouraged to observe, compare and arrange them carefully. They identified which straw was short, longer or longest and practised arranging the straws first from shortest to longest and then from longest to shortest. They also counted and compared the straws while building their understanding through active participation. The children thoroughly enjoyed picking, placing and arranging the straws, making the learning experience both joyful and meaningful.



≥ Learning Outcomes ≤



Improved
eye-hand coordination



Developed
observation, concentration,
thinking skills and



understanding of length
and sequencing.

THE BCM EDGE

26th Sept' 26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Saturday

Self-Discipline and Passion: Two Wings of the Same Bird



Every student dreams big, but dreams alone don't build success — discipline does.

Passion gives us direction; **discipline** gives us the strength to walk that path even when motivation fades. It's easy to feel excited about a goal on day one, but the real test comes on the days when enthusiasm dips and effort feels heavy. That's where self-discipline steps in, quietly pushing us forward.

Think of **passion** as the spark and **discipline** as the fuel that keeps the fire burning.



A musician doesn't master an instrument through love of music alone, but through hours of consistent practice.

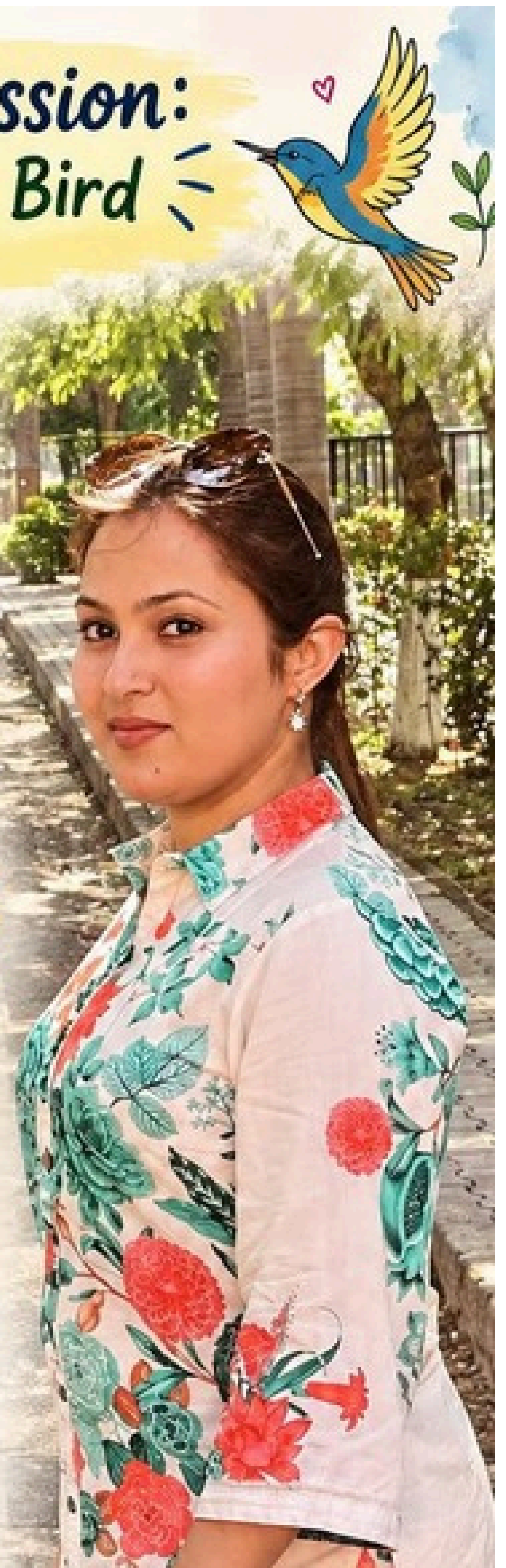


An athlete doesn't win medals through talent alone, but through disciplined training, day after day.

Students who learn to balance both — following their **passion** while committing to daily **discipline** — build habits that carry them far beyond the classroom, into every dream worth chasing.



Arpana
TGT Social Science



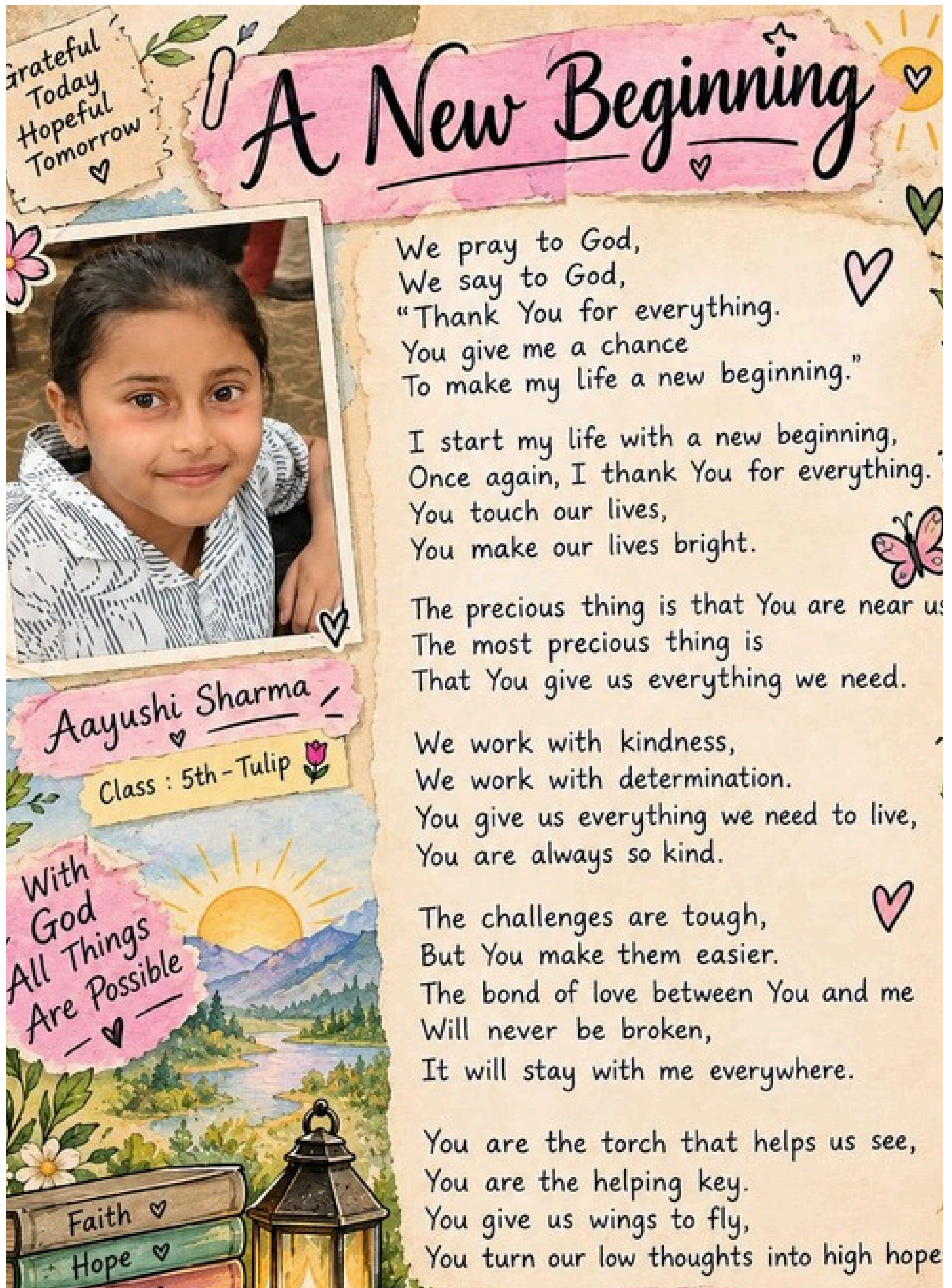
THE BCM EDGE

26th Sept' 26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Saturday

THE STUDENT'S EDGE



grateful Today
Hopeful Tomorrow

A New Beginning

We pray to God,
We say to God,
"Thank You for everything.
You give me a chance
To make my life a new beginning."

I start my life with a new beginning,
Once again, I thank You for everything.
You touch our lives,
You make our lives bright.

The precious thing is that You are near us
The most precious thing is
That You give us everything we need.

We work with kindness,
We work with determination.
You give us everything we need to live,
You are always so kind.

The challenges are tough,
But You make them easier.
The bond of love between You and me
Will never be broken,
It will stay with me everywhere.

You are the torch that helps us see,
You are the helping key.
You give us wings to fly,
You turn our low thoughts into high hope

Aayushi Sharma
Class : 5th - Tulip

With God
All Things
Are Possible

Faith
Hope



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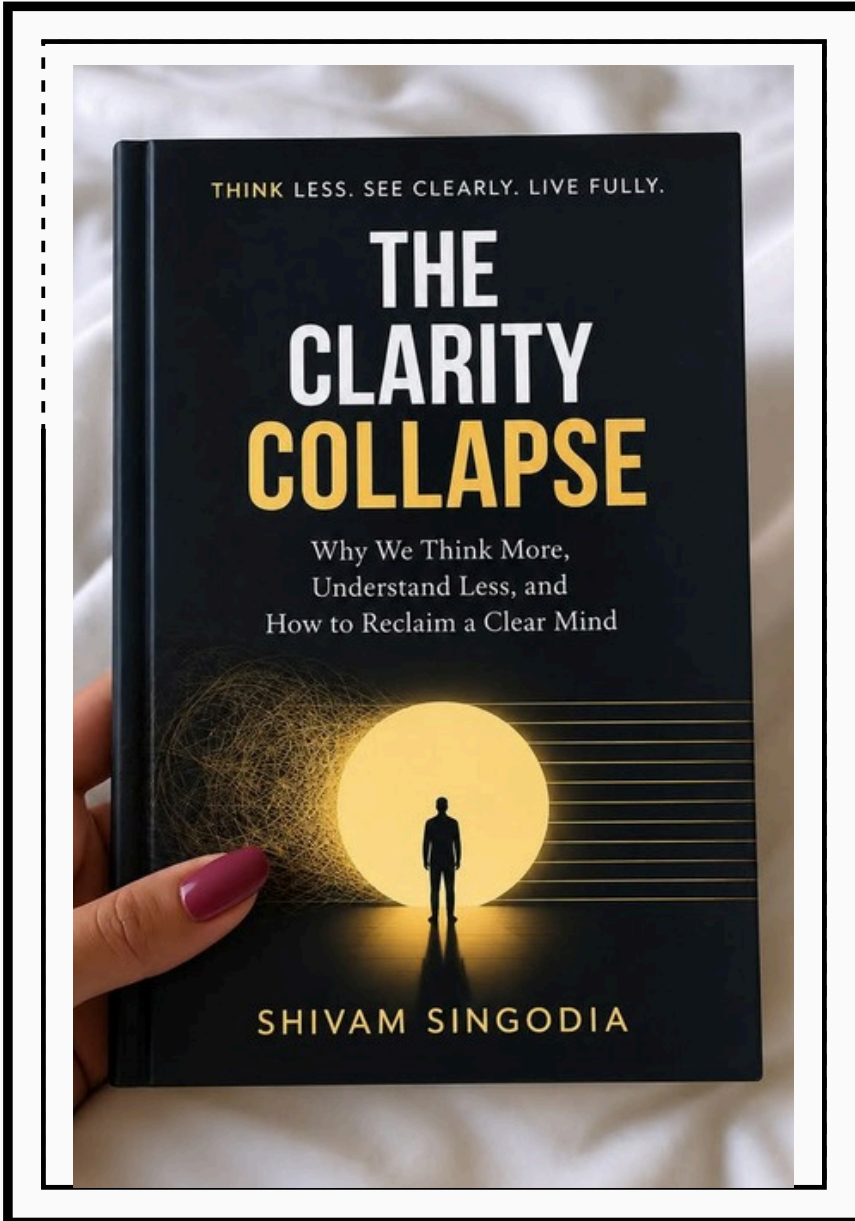
THE BCM EDGE

26th Sept' 26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Saturday

BOOK RECOMMENDATION : THE CLARITY COLLAPSE



The Clarity Collapse is a thought-provoking read that explores how information overload, constant demands, and the pressure to keep up can gradually affect our ability to think clearly and make meaningful decisions. The book encourages readers to look beyond simply knowing more and instead focus on understanding, reflection, and purposeful action. Its central message is especially relevant in today's fast-paced world, where endless notifications, opinions, and distractions can make it difficult to distinguish what truly matters. What makes the book engaging is its emphasis on pausing, simplifying, and reconnecting with one's priorities. It encourages readers to question assumptions, embrace thoughtful reflection, and cultivate a calmer, more focused approach to life. A meaningful recommendation for anyone seeking clarity in a noisy world.

THOUGHT OF THE DAY

Sometimes we are tested,
not to show our weakness, but
to discover our strength.



WORD

novate

'nou, veit

(v.) To replace something old with something new.

(They decided to novate the contract terms.)

EDITOR & CREATIVE LEAD: MS. SANSKRITI VERMA (OUTREACH & MEDIA)

THE BCM EDGE

28th Sept' 26 LEAD360 - EXPLORE, EXPRESS, EXCEL

Monday

Congratulations

Samridhi Saini

Class XI Arts

for representing the school at the

State-Level

U-19 GIRLS

CRICKET

TOURNAMENT

held at Ferozepur

and securing

THIRD
POSITION

in the tournament.



THE BCM EDGE

28th Sept' 26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Monday

“A SPLASH OF COLOURS, A WORLD OF DISCOVERY!”



A vibrant splash of colours filled the air as our little learners came together to celebrate the joy and magic of colours. The Colour's Carnival was conducted with great excitement and enthusiasm. Students came dressed in beautiful red, yellow, blue and green outfits. Toys and objects related to these specific colours were displayed to help children identify and recognize colours in a fun way. A colourful parade was also conducted, where students walked around wearing their colourful dresses. They participated actively and showed great interest throughout the activity. Through this activity children learned about colours through fun and hands-on experiences. They enjoyed looking different colours in their surrounding and participated with great joy, confidence and excitement.

THE BCM EDGE

28th Sept' 26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Monday

The Student's Edge

एक प्रश्न है,

अगर ये धर्म न होता तो?
क्या हम दया ना सीखते?
क्या हूँ ना सीखते इंसानियत?
जो खुद को धार्मिक बताने वाले लोग मानते भी नहीं,
क्या हमें पता न होता की कोई के मन करने पर
उसे छूना गलत है?
क्या हम नही जानते जीने का सलीका?

शायद,

धर्म न होता तो घूँघट न होता,
धर्म न होता टाफ नकाब ना होता,
औरत को बच्चे पैदा करने के लिए नहीं बिहाते,
और पतियों को खुद को देव कहने का अधिकार ना होता !

शायद हम एक दूसरे को समान मानते,
जात पात का भेद ना होता,
इज़्ज़त कर्मी से आती,
और बस एक बार के लिए एक स्त्री देवी नहीं,
इंसान बन पाती,

अगर धर्म न होता।

Aadhya
(XI SCIENCE)



THE BCM EDGE

28th Sept' 26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Monday

The Parent's Edge

When Home and School Walk Together

“ A child's future is shaped not by one hand,
but by many caring hands working together. ”

As a parent, I have come to realise that a child's school journey is much more than books, examinations and achievements. It is a beautiful partnership between home and school, where parents and teachers play equally important roles.

Parents are a child's first teachers. At home, we nurture values, confidence, empathy and the courage to dream. We hold their hands when they take their first steps and encourage them whenever they face challenges.

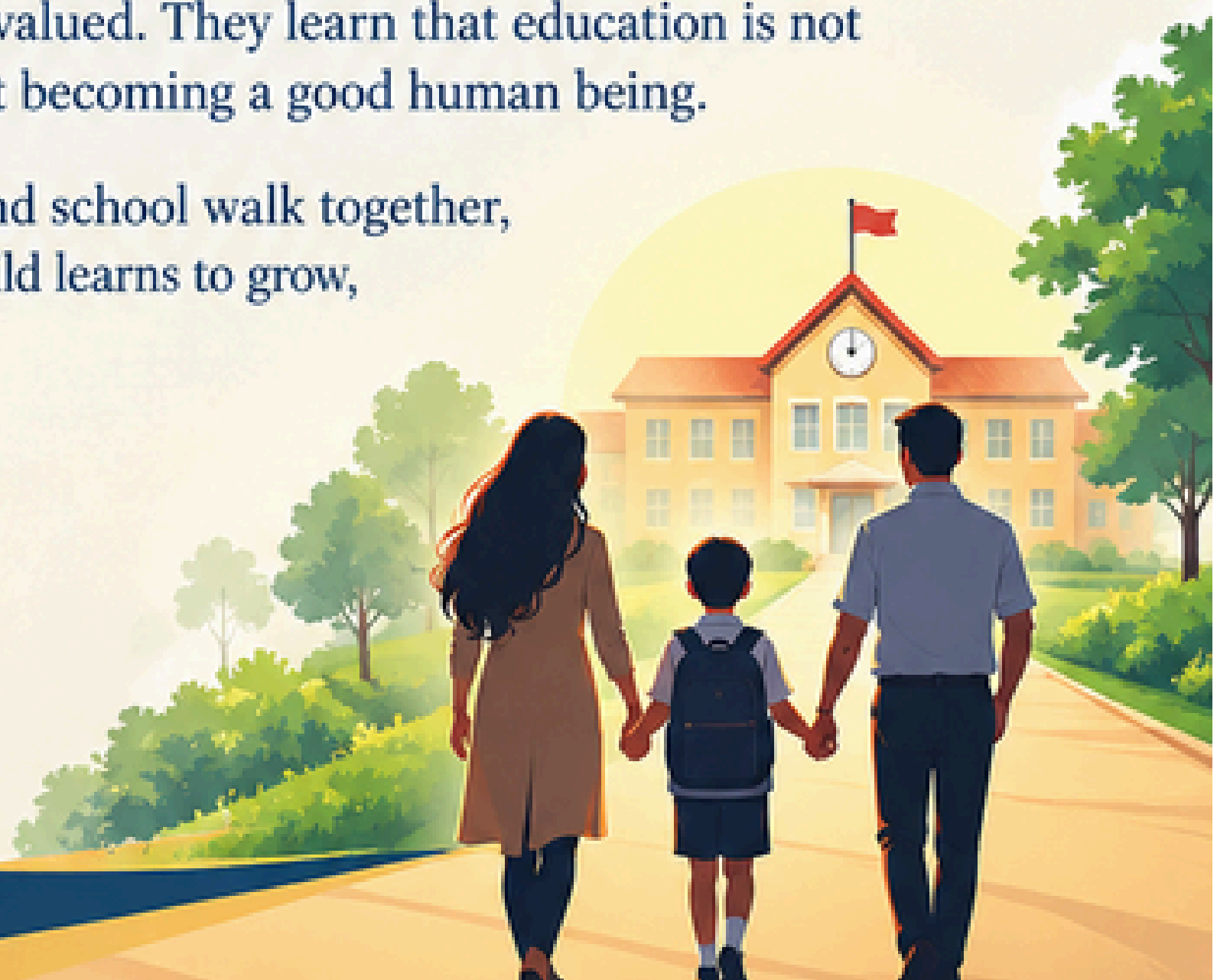
Teachers then carry this journey forward. They recognise each child's unique potential, guide their curiosity and help them become independent thinkers and responsible individuals. Their influence often goes far beyond the classroom.

When parents and teachers communicate openly and work with mutual trust, children feel supported, confident and valued. They learn that education is not merely about scoring marks—it is about becoming a good human being.

As a parent, I believe that when home and school walk together, a child doesn't just learn to succeed; a child learns to grow, to care and to shine.

Renu walia

Mother of Ahem walia
Class XII Science A



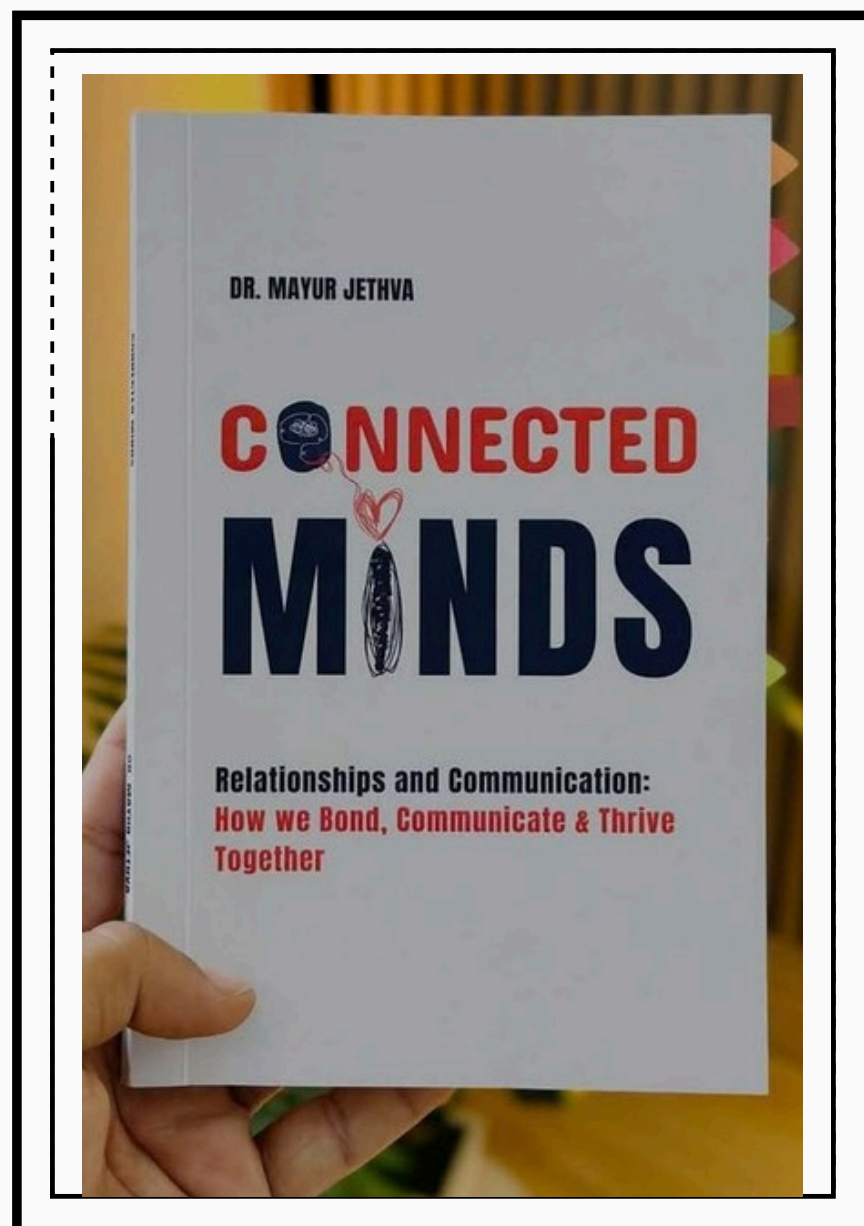
THE BCM EDGE

28th Sept' 26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Monday

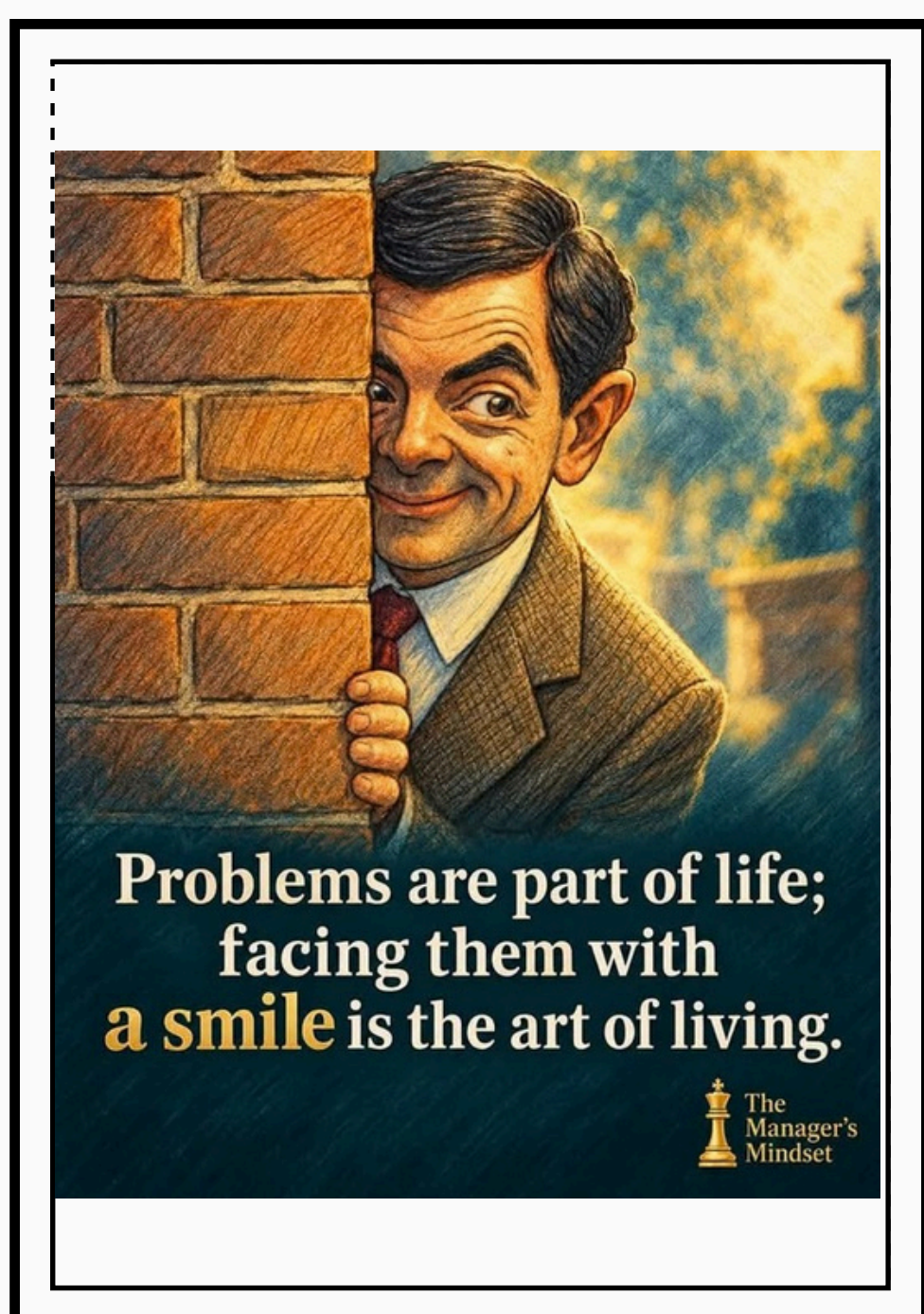
BOOK RECOMMENDATION : CONNECTED MINDS



Connected Minds: Relationships and Communication by Dr. Mayur Jethva is a thoughtful and practical book that explores how we build meaningful relationships through communication, empathy, trust and self-awareness. The author simplifies psychological concepts such as attachment styles, social biases, emotional intelligence and healthy boundaries through relatable examples and everyday situations.

What makes the book engaging is its focus on reflection and practical application. It encourages readers to understand themselves better, communicate with greater awareness and develop healthier connections with others. The simple, conversational approach makes complex ideas accessible to young readers as well as adults. For anyone interested in human behaviour, relationships and effective communication, Connected Minds offers valuable insights and encourages us to move beyond simply talking towards truly understanding one another.

THOUGHT OF THE DAY



WORD

fiddle-footed

adjective [fid-l-foo t-id]

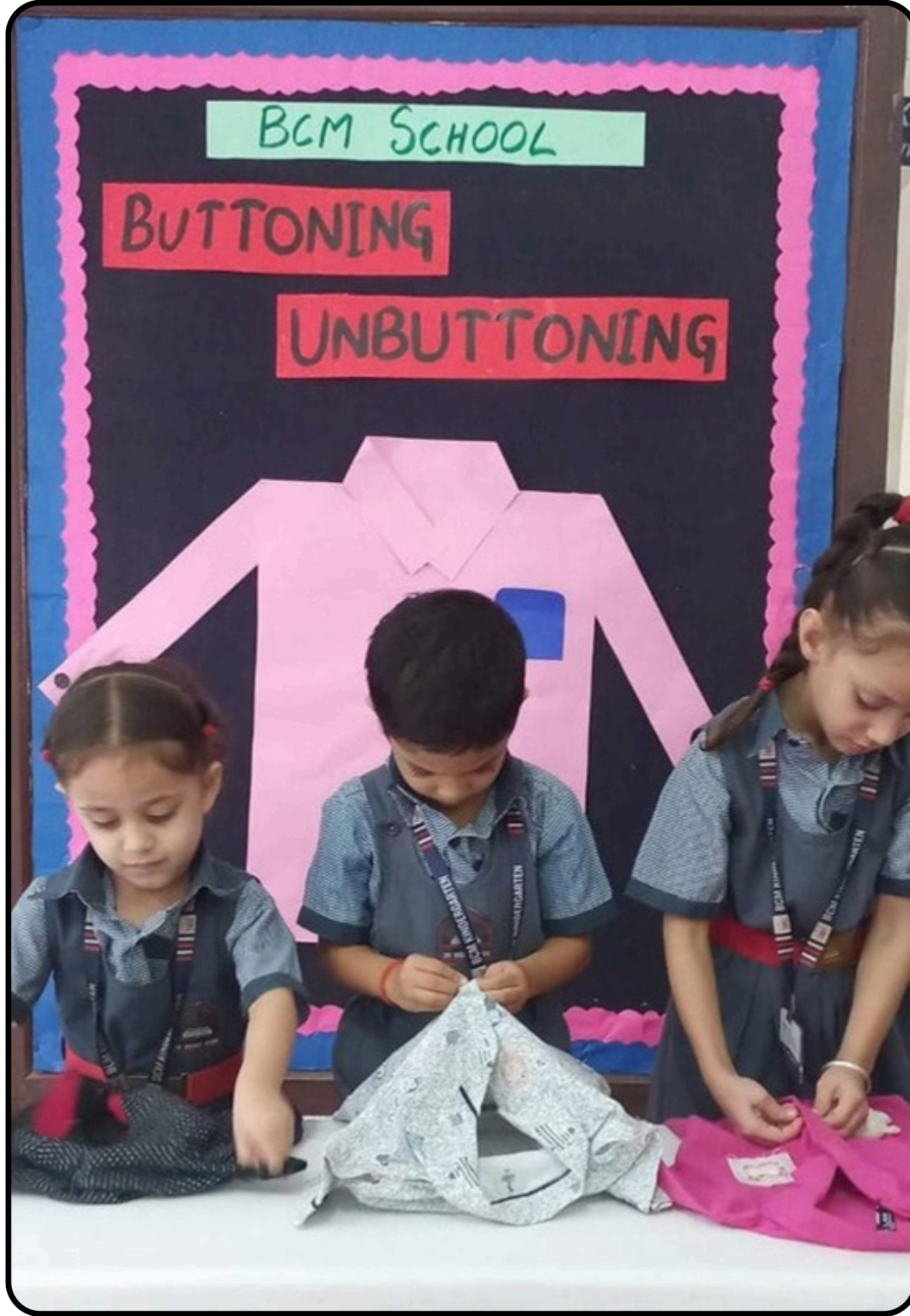
restlessly wandering.

THE BCM EDGE

29th Sept' 26 **LEAD360 - EXPLORE, EXPRESS, EXCEL**

Tuesday

BUTTONING UP INDEPENDENCE: A LIFE SKILL ACTIVITY



Life skills help children become more independent and confident in managing everyday tasks. With this aim, a Buttoning and Unbuttoning Activity was conducted for the LKG students to develop self-reliance through hands-on learning.

The teachers first demonstrated the correct technique of buttoning and unbuttoning a shirt. The students then practised the skill themselves, learning to manage their clothing independently. The activity encouraged patience, concentration and perseverance while giving children the confidence to complete a simple daily task on their own.

Students participated with great enthusiasm and thoroughly enjoyed this practical learning experience.



THE BCM EDGE

29th Sept' 26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Tuesday

Small Screens...
Big Possibilities!

Uses of Phones

♥ Learn • Connect • Explore • Grow ♥



Name: Dhwani
Class: 5th Tulip

1. Learning

- Watch educational videos and learn new things.
- Read e-books and online study tools.
- Use useful apps for homework and practice.

2. Useful Everyday Tasks

- Use GPS to find places and get directions.
- Check weather set alarms and manage your schedule.
- Use the camera, calculator and other helpful apps.

3. Communication

- Talk to family and friends.
- Make video calls to stay close even when we are far away.
- Share pictures, voice messages and ideas.

4. Entertainment

- Listen to the music and enjoy your favourite songs.
- Watch videos and movies.
- Play games and relax after study and exams.

5. Instructions

- Use your phone only when needed.
- Take break and spend time in outdoor activities.
- Have a healthy balance between online and offline life.
- Use your phone wisely and make it a helpful friend not a habit.

6. Be safe and smart

- Don't share personal information.
- Be careful with strangers online.
- Avoid too much screen time.
- Use good and trusted apps.

Stay Safe Stay Smart



A helpful friend;
not a habit! ♥

THE BCM EDGE

29th Sept' 26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Tuesday

Perseverance: The Greatest Power

"It does not matter how slowly you go as long as you do not stop."



Anuradha
TGT Computer
♡

What is Perseverance?



It is the ability to keep trying, even when the journey becomes difficult, the results are slow, or failure makes us want to give up.

Why It Matters?

- Helps us face challenges
- Builds inner strength
- Turns failure into a lesson
- Brings us closer to our goals



Keep Going ♡

Real Life Examples



Thomas Edison

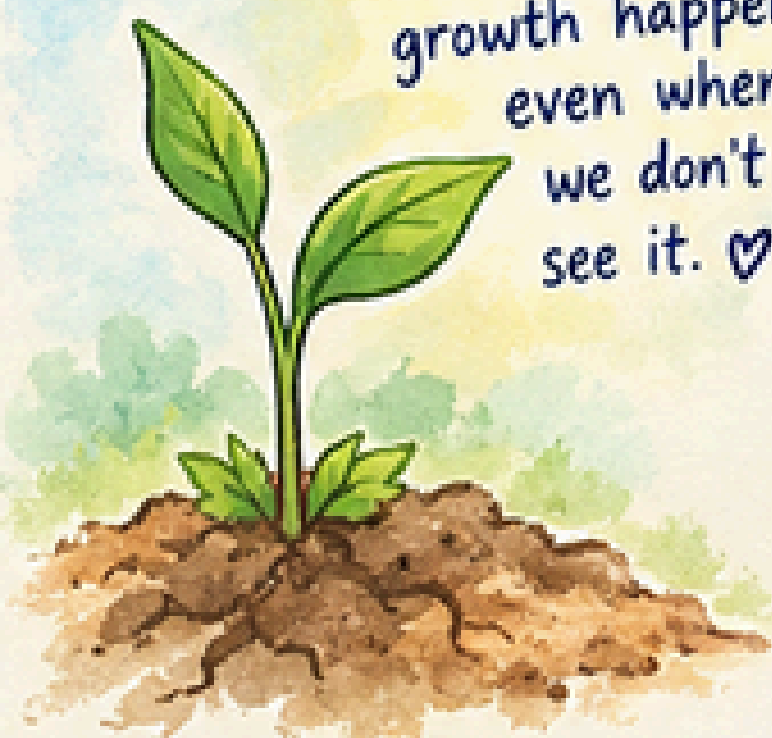
made thousands of attempts before successfully developing a practical electric light bulb.

Arunima Sinha

despite losing a leg, became the first female amputee to climb Mount Everest.



Like a seed, growth happens even when we don't see it. ♡



Small Steps, Big Changes

- ✓ If a subject is difficult, practise one problem at a time. ♡
- ✓ If speaking English feels tough, speak a little every day.
- ✓ If a book seems boring, read a few pages regularly. 
- ✓ If you don't succeed in a competition, learn and prepare better.

Remember...

- Progress is more important than perfection. ★
- True success is the result of small efforts repeated consistently.
- You may not be the best today, but you can be better than you were yesterday.

"Fall seven times, stand up eight." ♡

Dear Students,

Dream boldly, work patiently, learn from failure and keep moving forward. Your talent may open the door, but perseverance helps you walk through it. ♡



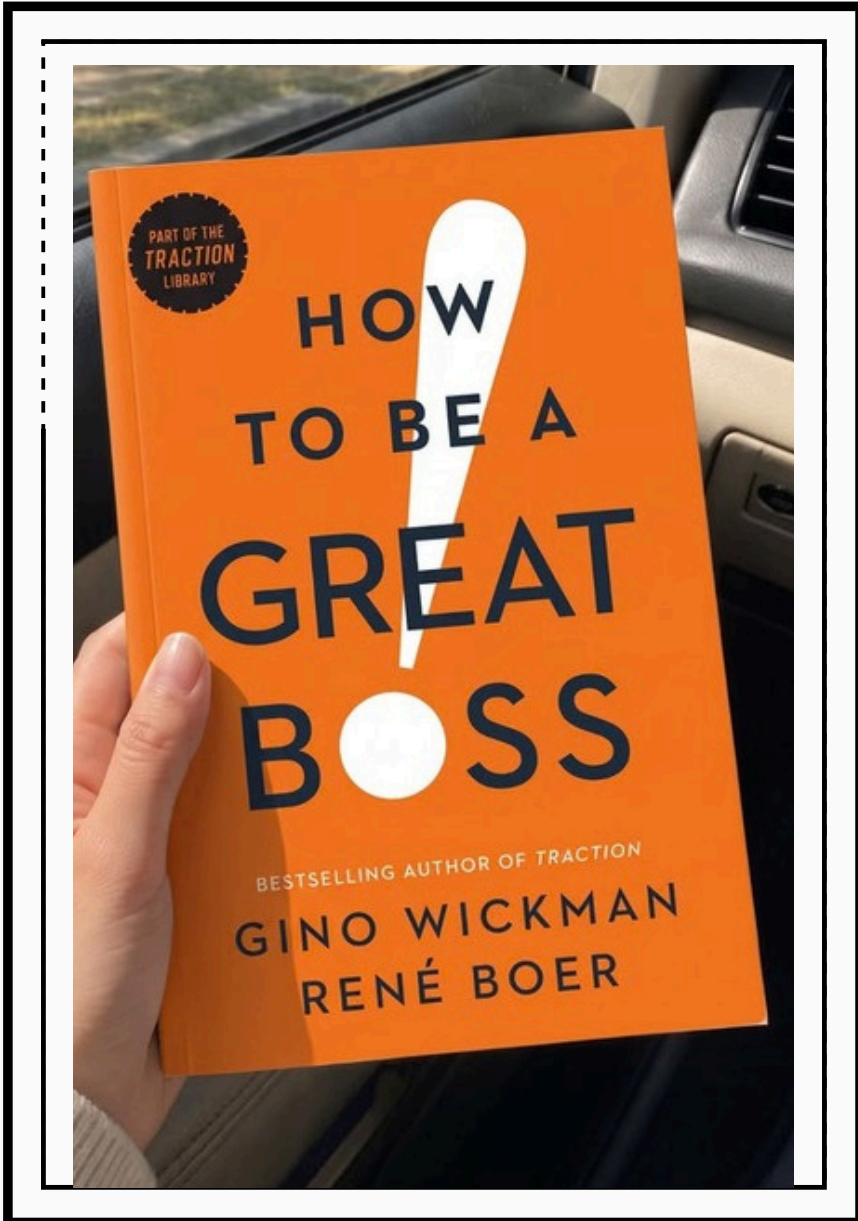
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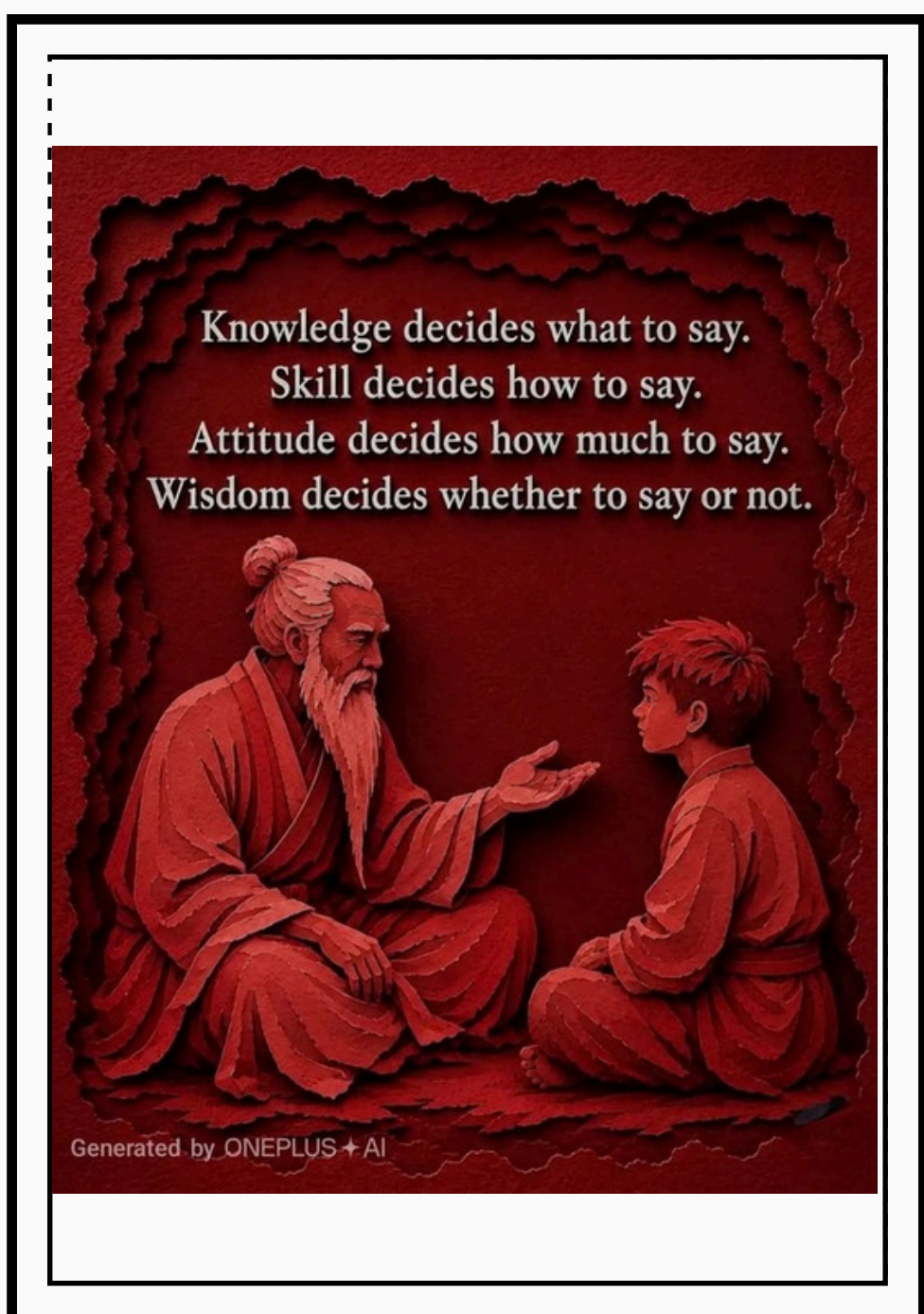
Tuesday

BOOK RECOMMENDATION : HOW TO BE A GREAT BOSS

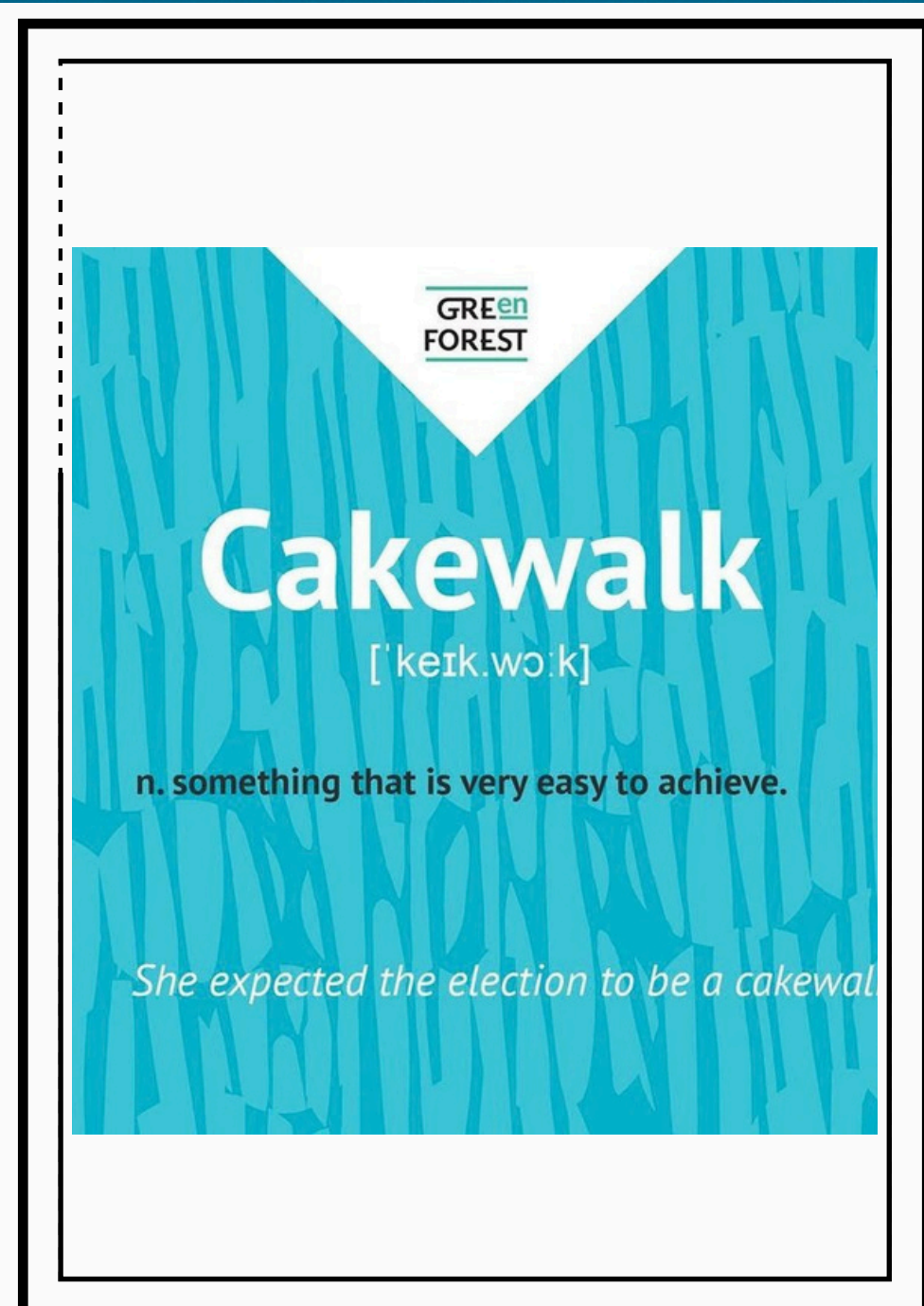


How to Be a Great Boss by Gino Wickman and René Boer is an insightful and practical book for anyone who wants to become an effective leader. It highlights that being a great boss is not simply about giving instructions but about building trust, communicating clearly and helping people perform at their best. The book offers useful strategies for managing teams, setting expectations, providing feedback and creating a positive workplace culture. What makes it especially valuable is its simple, practical approach, making the lessons easy to understand and apply in real-life situations. The book encourages leaders to be responsible, approachable and consistent while empowering their team members. I would recommend this book to teachers, managers and aspiring leaders who want to lead with confidence, empathy and purpose.

THOUGHT OF THE DAY



WORD





BCM SCHOOL

BASANT AVENUE, DUGRI ROAD, LUDHIANA

BCMF
BCM FOUNDATION

THE BCM EDGE

30th Sept' 26 **LEAD360 - EXPLORE, EXPRESS, EXCEL** **Wednesday**

INDIA BACK IN THE TOP 10

TWO GOLD MEDALS • ONE PROUD NATION

WE ARE PROUD OF YOU



SHOOTING

NEERU DHANDA

Women's Trap Individual • GOLD



ATHLETICS

**KIRAN • PRACHI CHOUDHARY •
M.R. POOVAMMA • VITHYA RAMRAJ**

Women's 4x400m Relay • GOLD

3:29.69

*India's two gold medals on Day 10 lifted the nation
back into the Top 10 of the Asian Games medal table.*



BCM SCHOOL

BASANT AVENUE, DUGRI ROAD, LUDHIANA

BCMF
BCM FOUNDATION

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30th Sept' 26 LEAD360 - EXPLORE, EXPRESS, EXCEL Wednesday

Congratulations

**AAGASTYA
KAUSHIK**

on winning **3 Gold Medals**
in the Open Championship
held at Bal Bharti School
on 28 September 2026.



**50m Freestyle
– GOLD**



**50m Backstroke
– GOLD**



**50m Breaststroke
– GOLD**

*Keep
Swimming
Towards
Greater Dreams*

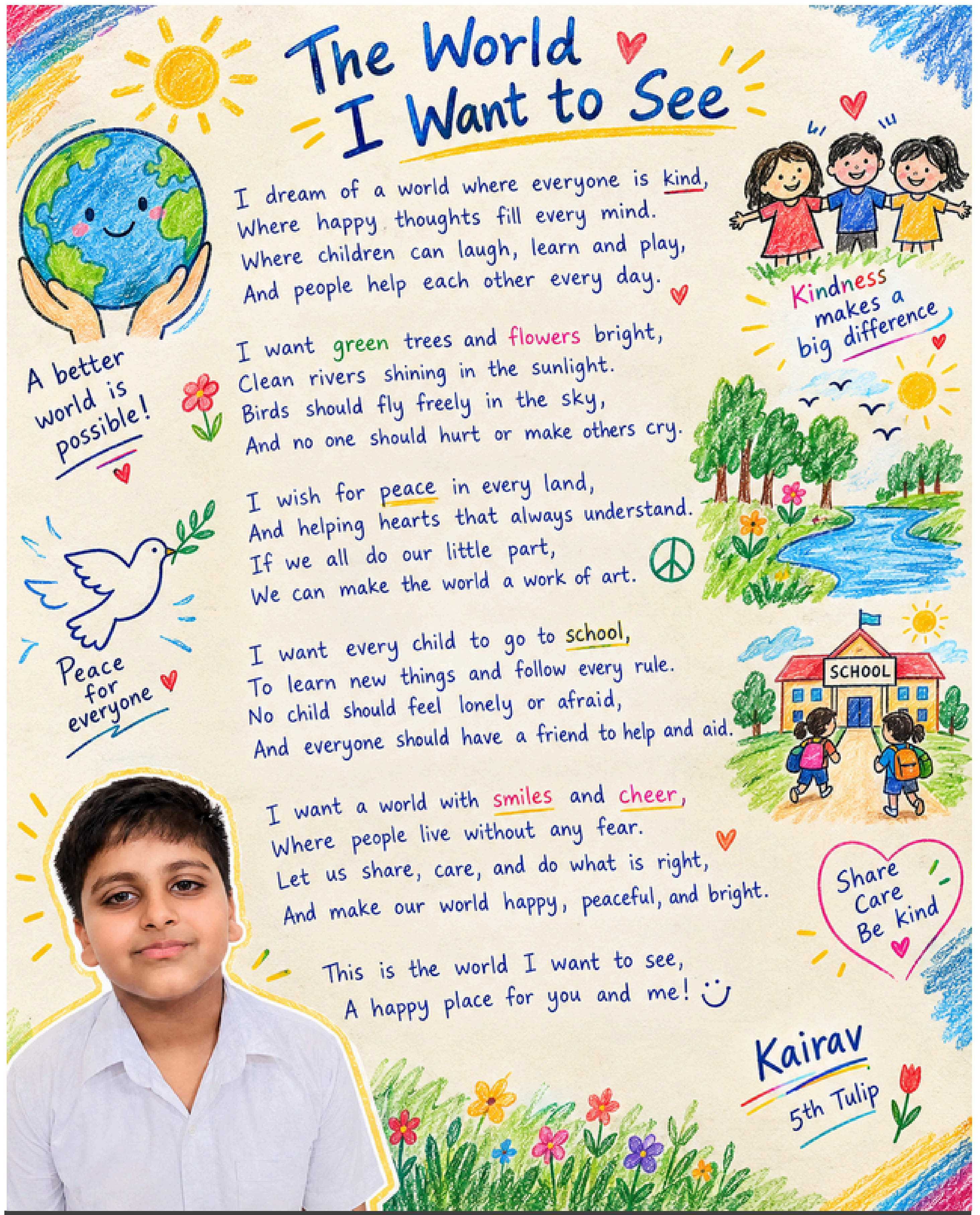


THE BCM EDGE

30th Sept' 26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Wednesday



The World I Want to See

I dream of a world where everyone is kind,
Where happy thoughts fill every mind.
Where children can laugh, learn and play,
And people help each other every day.

I want green trees and flowers bright,
Clean rivers shining in the sunlight.
Birds should fly freely in the sky,
And no one should hurt or make others cry.

I wish for peace in every land,
And helping hearts that always understand.
If we all do our little part,
We can make the world a work of art.

I want every child to go to school,
To learn new things and follow every rule.
No child should feel lonely or afraid,
And everyone should have a friend to help and aid.

I want a world with smiles and cheer,
Where people live without any fear.
Let us share, care, and do what is right,
And make our world happy, peaceful, and bright.

This is the world I want to see,
A happy place for you and me!

A better world is possible!

Peace for everyone

Kindness makes a big difference

Share Care Be kind

Kairav
5th Tulip

THE BCM EDGE

30th Sept' 26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Wednesday

The Magic of *Reading*

BETTER
READERS
A BRIGHTER
TOMORROW

Books are our quiet companions and wonderful teachers. Reading is not only a good habit but also a journey into a world of knowledge, imagination, and creativity. Every book has something new to teach us, and every story gives us a chance to see the world from a different perspective.

For students, reading plays an important role in improving vocabulary, communication skills, concentration, and general knowledge. Storybooks take us to magical lands and introduce us to interesting characters, while biographies tell us about inspiring people and their achievements. Reading also develops our thinking ability and encourages us to ask questions and learn independently.

In today's digital age, children often spend a lot of time on mobile phones, television, and other electronic devices. Developing a regular reading habit can help us use our free time wisely and peacefully. Even reading for fifteen minutes every day can make a positive difference.

Parents and teachers should encourage children to read different kinds of books according to their interests. Let us make books a part of our daily lives and discover the joy of reading. As the saying goes,

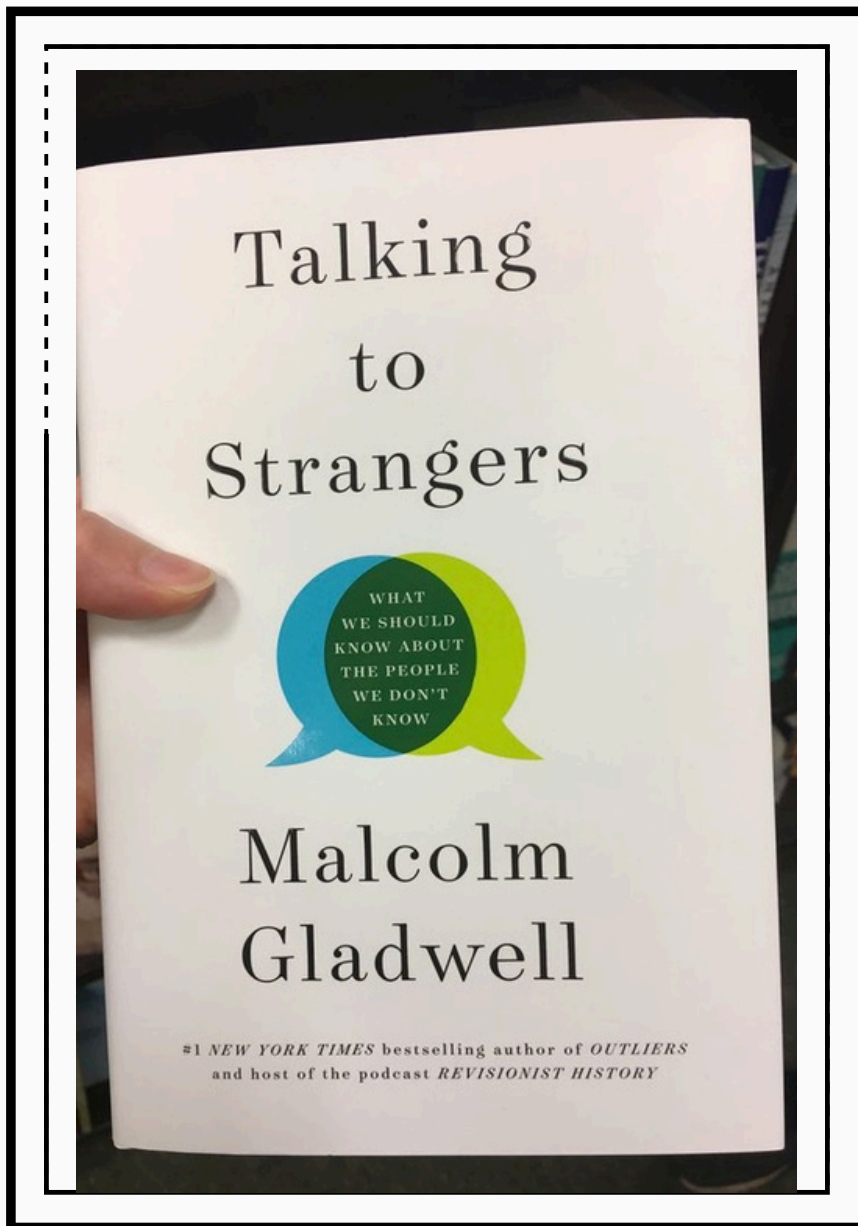
"A book is a gift that keeps on giving."



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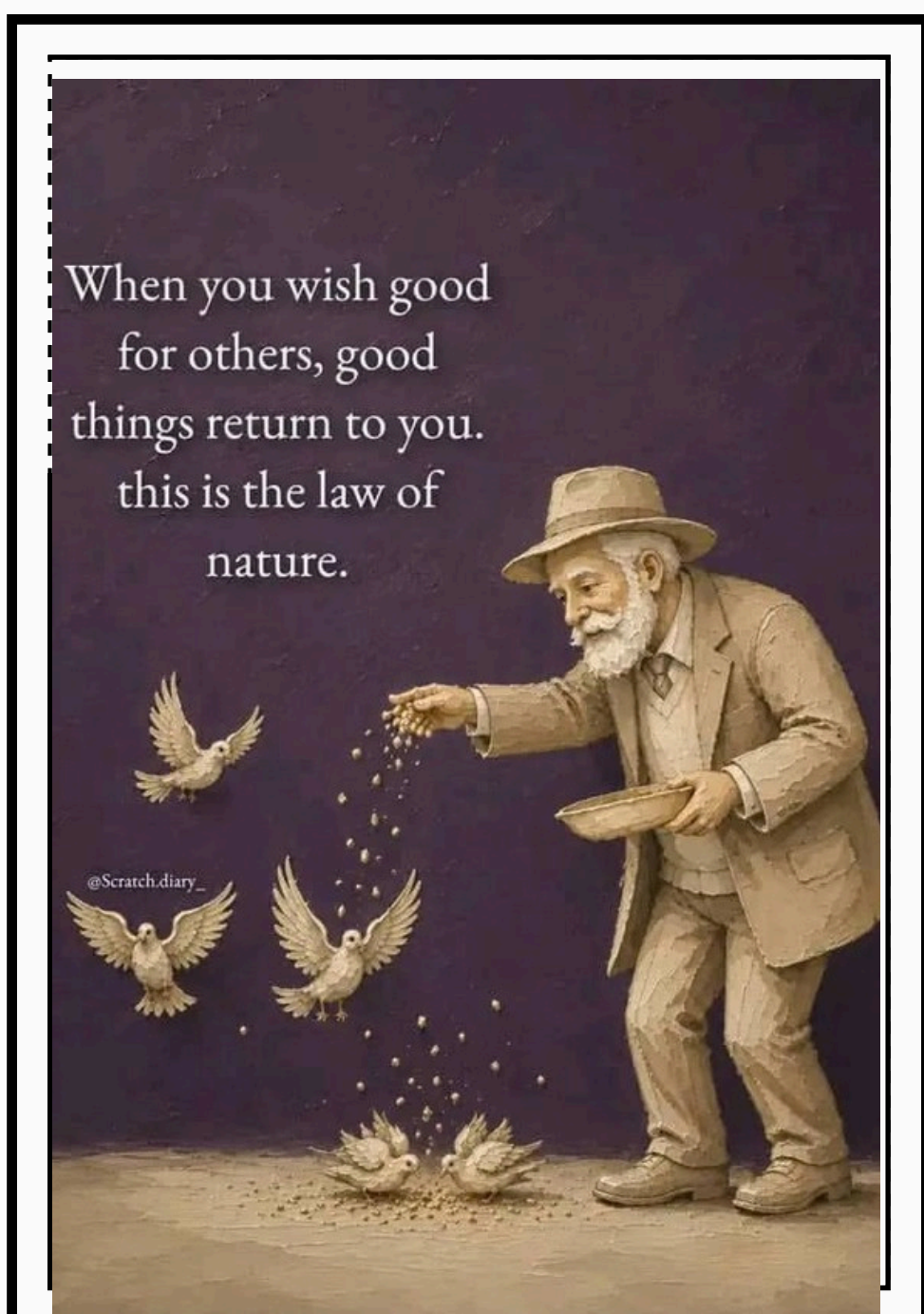
30th Sept' 26 LEAD360 - EXPLORE, EXPRESS, EXCEL Wednesday

BOOK RECOMMENDATION : TALKING TO STRANGERS



Malcolm Gladwell's *Talking to Strangers* explores why we often struggle to understand people we do not know. Through fascinating real-life stories, historical events, and psychological research, Gladwell examines how assumptions, biases, and misunderstandings can shape our interactions and sometimes lead to serious consequences. The book challenges the idea that we are naturally good at judging others and encourages readers to pause before forming conclusions. Its exploration of communication, trust, deception, and human behaviour makes it particularly relevant in today's interconnected world. Thought-provoking and engaging, *Talking to Strangers* encourages us to listen more carefully, question our assumptions, and approach unfamiliar people with greater empathy. It is a valuable read for anyone interested in understanding human behaviour and improving everyday communication.

THOUGHT OF THE DAY



WORD

confute

kən'fju:t

(v.) To show something is not true.

(She confuted the rumor easily.)

@sele_na